Cambridge & Coleridge Athletics Club

President - B J Wallman

Chairman - N Costello

Newsletter - September 2006

45TH ANNUAL GENERAL MEETING 20TH NOVEMBER 2006 8PM AT WILBERFORCE ROAD CLUBHOUSE

ITS YOUR CLUB, PLEASE ATTEND IF YOU CAN!

NOMINATIONS FOR PRESIDENT, CHAIRMAN, SECRETARY AND TREASURER

AND ANY RESOLUTIONS, MUST BE RECEIVED BY THE CHAIRMAN OR THE

COMMITTEE SECRETARY BY 20TH OCTOBER

	(Much more complete list of winter and	i Spring fixtures in	iside)
Oct 1 st	Gt Abington 10k	Gt Abington	All over 16
Oct 8 th	Ryston XC Grand prix	Ryston	All
Oct 8 th	Frostbite league	St Neots	All
Oct 15 th	Great Eastern Half Marathon	Peterborough	All over 16
Oct 22 nd	Sunday league XC (Senior/U20 races	only) Broxbourne	All over 16
Oct 21 st	AAA 4 Stage and 6 stage road relays	Sutton Park	Seniors
Oct 22 nd	Young athletes Road Relays	Sutton Park	Under 17's
Oct 22 nd	Ampthill Trophy Cross Country	Ampthill	All
Oct 29 th	Fenland 10	?? -	All over 16
Nov 5 th	SEAA Half Marathon Champs	Stevenage	All over 16
Nov 12 th	Ryston XC Grand prix	Ryston	All
Nov 12 th	Frostbite League	Bushfield (P'bro)	All
Nov 19 th	Sunday league XC (Senior/U20 races	only) Welwyn	All over 16
Nov 19 th	Bishops Stortford 10k	Stortford	All over 16
Nov 19 th	St Neots Riverside Half Marathon	St Neots	Seniors
Nov 26 th	Hereward relays	Peterborough	All over 16
Dec 9 th .	SEAA Intercounties	Parl. Hill	County select
Dec 10 th	Frostbite League	TBC	All
Dec 10 th	Sunday league XC (Senior/U20 races	only) Southgate	All over 16
Dec 17 th	Ryston XC Grand prix	Ryston	All
Dec 26th	C&C Boxing day 4 mile race	Lamas land	All
Dec 31 st	Ely 10k	Ely	All over 16

WINTER TRAINING - STARTS ON 25th SEPT - SEE DETAILS ON PAGE 2

(Note limits to the age-groups using the Sportshall at Chesterton on Monday evenings)

******Winter training starts on September 25th*****

NOTE THE AGE LIMIT ON MONDAYS IN THE SPORTSHALL!!!

We continue training all winter, even the track and field athletes! In January and February there will be some Indoor competitions for those who are fit.

Mondays 6.00 – 7.30pm Chesterton College Sports Centre –

Young athletes indoor fitness session and Young athletes middle distance session

(Open to athletes who will be aged less than 15 on 31st August 2007 only)

Mondays 6.00 – 7.30pm Chesterton College Sports Centre –

Other athletes Distance training by arrangement with their coach only (Mike Smith's group)

Tuesdays - 6.30 - 8.30pm Wilberforce Rd - Middle and long Distance groups

Thursdays - 7.00 - 8.30pm Chesterton College Sports Centre - Circuit and fitness training (for all those who will be aged 14 and over on 31st August 2007, or by special invitation).

Plus Middle and Long Distance running.

Saturdays - 10.30 - 12.00am Wilberforce Rd - Sprints, Throws, Jumps, Middle Distance – open to all ages by arrangement with your coach.

If you want to train on any of these sessions either go along and talk to the coach who is running it, or, for Saturdays ring your coach or go along and see if there is a group for you (ages and events will be limited). Not every coach can make it every Saturday but there is always someone there, usually including some of the following: Mike, Noel, James, Richard, David.

Note – only clean non-marking trainers in the gym at Chesterton. Trainers worn outside must not be used. It's a good facility, but if we abuse it, we will lose it

Chairman's chatter

The Annual General Meeting is coming up on 20th November and the agenda is included in this newsletter. The AGM is an opportunity to discuss the way the club is going and any new directions we should take. It also enables us to celebrate some of the excellent performances of fellow members through the presentation of awards. Please participate in it if you can. Nominations for the committee must be notified to Mary Holmes, the committee secretary, at least 14 days before the AGM (i.e. by Monday 6th November) and any proposed changes to club rules at least 28 days before the meeting (i.e. Monday 23rd October).

AGM Agenda - November 20th at 8.00pm - Venue - Wilberforce Road Apologies for absence, Minutes of the meeting of 21st November 2005

Matters arising from the minutes

Reports from the Chairman and Treasurer (Team reports in this Newsletter)

Other items to report

Subscriptions 2007

Election of officers and committee 2007

Presentation of Track and Field awards, Road race awards, and record certificates.

Nominations for President, Chairman, and Treasurer must be received by 20th October in Order to be eligible, (ie 4 weeks in advance of the meeting as per our constitution) Nominations for other posts may be made at any time up to the meeting, but we would prefer to have these a few days in advance if possible so that we know if there are any contested

Minutes of the 44th Annual General Meeting held on Monday, 21 November, 2005 at

Present: Barry Wallman (President), Neil Costello (Chairman) and 79 members.

Apologies for Absence: Nigel Burch, Peter Chaplin, Jen Ives, Joan Lazenby, Anne Negus, Mr Thurley, Hilary Vogel and Mike Vogel

- 1. The Minutes of the AGM meld on 22 November, 2004 were approved. Proposed by Noel Moss and seconded by Glyn Smith.
- 2. Matters Arising from the Minutes. There were no matters arising from the Minutes.

3. Chairman's Report.

The chairman, Neil Costello, reported that the

Club had had a very successful year. Membership has risen to over 500. We now have a problem with capacity. Numbers at Monday training in the winter have been fixed because of lack of space and safety. The Club must consider arrangements for the summer. We do not have enough coaches or team managers. Neil finished by thanking all present helpers and coaches for their hard work.

4. Treasurer's Report Copies of the Report were circulated to the Meeting. Nigel said that things were much better than expected so there was no need to increase the subscriptions this year. Carole Morris asked about the increase in transport costs. This was due to higher costs caused by the combined Southern Women's Team. This arrangement has now been cancelled so the problem will not arise again. Noel Moss suggested that the £15 left in the George Hibberd Memorial Fund be transferred to the general funds. This was agreed.

Neil Costello told the meeting about Sponsorship from RAF Careers. They are keen to help youngsters and are willing to give the club £700 a year for the next few years. Agreed to use this on payment for coaching courses.

5. Subscriptions There will be no increase in Subscriptions proposed this year.

6. Changes to the Club Constitution Neil Costello reported that the Club needed to formalize things that we have already adopted to keep in line with the UKA Equity and Welfare Policy in order to get Club Mark. This was proposed by Noel Moss and seconded by Barry Wallman.

7. Proposed Athletics Trust Fund An explnatory note about the proposed Trust Fund was circulated to the meeting. Neil explained about the large sum of money in the Investment Account. If we kept this in the account we would loose any possible Lottery or Council funding. Some of the money was left to us by a past member in his will and the rest was collected for a possible club house. As we no longer need a club house the Committee thought a Trust Fund for the benefit of athletics in the area would be a good idea. Mark Chaplin asked what advice had been taken about this, and if the objects were wide enough. Neil agreed that we would consider his suggestion and Nigel Poulter informed the meeting that we had consulted the Charity Commission and looked at other trust funds. The meeting agreed to move ahead with the Trust.

8. Elections of Officers

President - Barry Wallman agreed to carry on but would like to retire soon - proposed by Anna Bird and seconded by David Haylock.

Chairman - Neil Costello - proposed by Noel Moss and seconded by Ian McKay.

Treasurer - Nigel Poulter - proposed by Noel Moss and seconded by Ian McKay

Committee Secretary - Mary Holmes - proposed by David Haylock and seconded by Carole Morris

Team managers - Southern Men's League - Noel Moss Southern Women's League - Carl Woolf

East Anglian League - Noel Moss and Carl Woolf

Young Athletes League - Coordinator Anna Bird

Road Runners - Glyn Smith Cross Country - John Kazer Veterans - Carole Morris Coaching Sec. - Nigel Burch

All were proposed by Barry Wallman and seconded by Ian McKay

Committee - 2 elected members - Ian McKay and James Brennand Proposed by Anna Bird and seconded by Glyn Smith.

9. Presentation of Track and Field Trophies The awards and certificates were presented by

the President, Barry Wallman Seasons Best performance Trophies 2005

Track & Field champions 2005 BP - The seasons Tom Digney Senior Men Petr Steiner BP Veteran Takao Komatsu Senior Female No award **BP Most Improved** Jen Ives Junior (U20) male James Huckle Simpson Trophy 400m Lucy Dowsett Junior (U20) Female No award Senior Throw - Female Alice Forster Veteran Men Gerald Meah Senior Throw male **Gary Parsons** Veteran Female Mary Holmes James Godden Junior Throw Lauren Sammout Under 17 men Senior HJ Tom Adams Under 17 Ladies No award Junior HJ Isabella Gallucci Under 15 Boys Stuart Goldfinch B P Longiump Lauren Sammout Under 15 Girls Olivia Milward BP Short Hurdles BU13 Ben Kelk Under 13 Boys Ben Kelk BP Short Hurdles GU13 Joint Csepi Asztalos Under 13 Girls Lauren Sammout Under 11 Boys Joint Catriona Davidson Sebastian Howarth BP 13 - 17 Hurdles male Jon Baxter Under 11 Girls Juliet Powell

BP 13-17 Hurdles female Kim Motley BP – sprints male Jacob Mandley BP - sprints female Hannah Worsfold BP - track >800m male Ed Aston BP - track >800m female Lucy Dowsett Peter Howard Marathon Trophy Karen Thomas **League Trophies 2005**

BP Vets league Male Phil Bramford BP Vet League Female Carole Morris

Young Athlete W&C Female

Lee Smith SWL Most helpful Emma Bicknell BP Male league James Markley BP League Female Lucy Dowsett SML Team Managers Martin Bell

Anglian League Managers Chris Morter 9. Any other business None

Road Race Trophies 2005 Open 10 m RR Male Ben Baldelli Open 10 m RR Female Carmel McEinery Open 10 m RR Male vet Alex Downie Open 10 m RR Fem Vet Sue Barnett **Handicap Trophies 2005** 110 yds Handicap

440 vds handicap

Not contested

Not contested

There was no further business so the President thanked everybody for coming and congratulated the award winners.

Clubmark

With the assistance of Richard Wheater, who is the Partnership Development Oficer for athletics in Cambridgeshire, the club has become one of the first in the County to gain Clubmark Status. Clubmark is a sort of "Kitemark" for clubs who achieve certain standards in terms of social and sporting requirements, and most especially of child welfare. Clubmark will help us access available funding for club development.

To gain Clubmark, we had to complete a large file of documentation which demonstrated how we run the club, care for welfare and Child Protection issues, provide the accepted coach; athlete ratio for junior training etc. and also prove that enough of our coaches/helpers had attended courses on first aid. Child protection, Equity, Club management etc etc

Part of that is the need to have qualified and CRB checked coaches. We are fortunate that we are in quite a good position as a result of having been granted the funding from UKA and RAF Careers, to pay for coaching course attendance. We still need to get even more people qualified so if you/your parents are interested please let us know.

We also have to have a sizeable group of admin. staff on Monday nights, and parents of the attending athletes can help out on that one. Again please offer to help.

Do you hold a trophy from the 2005 AGM (not cross country)???

The club would like to remind the holders of Track and Field trophies and Road trophies presented at the AGM in November 2005, that they should be returned to Mary Holmes by 20th October at the latest so that they can be prepared for presentation at the AGM in November (not the Cross country trophies). It would be very helpful if you ensure that the trophy has been engraved and is cleaned. If you have a trophy to return, we suggest you make arrangements to return it to Mary Holmes or Neil Costello rather than rely on handing it to someone on a club night. Please do not leave it until the AGM evening – we cant clean them and sort them for presentation quickly enough on the night.

Would you like to help on the committee – could you be the club general secretary, a team manager, Child welfare officer, or do another of the jobs?? All nominations are welcome – the officers positions should come up for formal elections each year. Many have been unopposed for several years, and while they do an excellent job for the club, it is not constitutionally desirable that they should just continue without a proper election. Could you give anyone a break, or help out alongside them maybe?

Cambridgeshire AA AGM - Friday 24th November - 7.30pm at Hemingford Grey House It would be nice to see a few of the members in attendance, and not just the trophy winners and athletes who have been awarded colours. You don't need an invitation – just turn up.

Come and shift the Christmas Turkey and make room for more!

Why not have a gentle run out on Boxing day morning. The annual club members event starts on Newnham Green in Fen Causeway, near the roundabout. All are welcome old and young and it can be a race (there is a trophy) or just a jog to shift the hangover or the Christmas Pud. The course is on the pavements to Trumpington War Memorial and back (back always seems easier) and is only about 4 miles. The start is at 11am - no entry fees - just turn up and run. Parents and relatives of members are most welcome as well and age should not be viewed as a barrier to entry. W have had members up to age 80 running. It gives you a better appetite for lunch, so lets see you there this year.

See below for more details of the history of this race.

Road Running Bits

There has been yet another increase in the number of athlete/event entries this year, especially in the longer distance races.

In the Saffron Walden 5k Summer series, C&C led from the start and after three events were unbeatable, having won both Men and Womens sections of the first three races. In the final event the Men were 3rd and the team 2nd overall, but it didn't make any difference to the final result. C&C were clear winners of both Mens and Womens sections and Overall.

Well done everyone who contributed, and special thanks to Glynn for organising the participation. C&C had a good entry in the St Ives 10k and the Women finished 2nd team and the Men 5th team. Glyn was 1st M60 home and Emma Kreetzer was 2nd Female.

John Jenkins was 1st M55 home in the Stamford 10k.

The Marathon/Half Marathon season has now started with the Grunty Fen event, where Ellen Leggate made a stylish return after a break whilst having her first baby. Ellen won the Womens event by a significant margin, C&C Women were 2nd team. (Full results in the results section)

This year we have entered an additional cross country league for Seniors and Under 20's – The Hertfordshire based Sunday League (we understand that there are no U13/U15/U17 age-groups in this league but athletes aged 16 and over could run as under 20's). John Kazer is the contact for those who want to run. This league offers more conventional cross-country distances when compared to the Ryston Runners series. The intention is to try to grow the participation in crosscountry racing, which has declined in the club in recent years. This has been due mainly due to the disappearance of the Icknield League, leaving us with no real cross-country league within sensible travelling distance. The Sunday League should re-dress this at least for the seniors. We shall also participate as usual in the Ryston Runners Grand Prix series and in the multi-terrain Frostbite league. Both of these have races for the younger age-groups.

Fixtures 2006/2007

Contact Glyn Sn	nith - 01223 571685 to run road or Joh	n Kazer 01223 30	8357 to run XC
Oct 1 st	Gt Abington 10k	Gt Abington	All over 16
Oct 8 th	Ryston XC Grand prix	Ryston	All
Oct 8 th	Frostbite league	St Neots	All
Oct 15 th	Great Eastern Half Marathon	Peterborough	All over 16
Oct 22 nd	Sunday league XC (Senior/U20 races only)	Broxbourne	All over 16
Oct 21 st	AAA 4 Stage and 6 stage road relays	Sutton Park	Seniors
Oct 22 nd	Young athletes Road Relays	Sutton Park	Under 17's
Oct 22 nd	BUPA Great South Run	Portsmouth	All over 16
Oct 22 nd	Ampthill Trophy Cross Country	Ampthill	All
Oct 29 th	Fenland 10	??	All over
16			
Nov 5 th	SEAA Half Marathon Champs	Stevenage	All over 16
Nov 12 th	Ryston XC Grand prix	Ryston	All
Nov 12 th	Frostbite League	Bushfield (P'bro)	All
Nov 19 th	Sunday league XC (Senior/U20 races only)	Welwyn	All over 16
Nov 19 th	Brighton 10k Road race inc SEAA 10k char	mp Brighton	All over
16			
Nov 19 th	Bishops Stortford 10k	Stortford	All over 16

Nov 19 th	St Neots Riverside Half Marathon		St Neots		Seniors
Nov 26 th	Hereward relays	Peterborou	ıgh	All over 1	6
Dec 9 th	SEAA Intercounties	Parl. Hill		County se	elect
Dec 10 th	Frostbite League	TBC		All	
Dec 10 th	Sunday league XC (Senior/U20 races only)	Southgate		All over 1	6
Dec 17 th	Ryston XC Grand prix	· ·	Ryston		All
Dec 26th	C&C Boxing day 4 mile race	Lamas lane	d	All	
Dec 31 st	Ely 10k	Ely		All over 1	6
TBA	SEAA Indoor Championships	TBC		All over 1	2
Jan 14 th	Frostbite League	Ramsey		All	
Jan 14 th	Ryston XC Grand prix		Ryston		All
TBA	SEAA Pentathalon Championships	TBC	•	All over 1	2
Jan 6 th or 7 th	Cambs AA Crosscountry Champs		St Neots		All
Jan 27 th	SEAA XC Championships	Holkham		All	
Feb 4 th	Frostbite League	Bourne Wo	oods	All	
TBA	AAA Indoor Champonships	TBC		Qual. Std	
Feb 18 th	ECAA Indoor Championships	Chelmsfor	d	All	
Feb 18 th	Sunday league XC (Senior/U20 races only)	Royston		All over 1	6
Feb 18 th	Ryston XC Grand prix		Ryston		All
TBC	ECAA XC Championships	TBC		All	
Feb 24 th	CAU Intercounties XC		Nottingha	m	County
select					
Feb 24/25 th	AAA Indoor under 20 Championships	Birmingha	ım	Qualifyin	g stds
TBC	National XC Championships	TBC		Club Tear	ns
Mar 2 nd - 4 th	European Indoor Championships	Birmingha	ım	Spectators	S
Mar 4 th	Frostbite League	Huntingdo	n	All	
Mar 25 th	Ryston XC Grand prix		Ryston		All
Mar 25 th	Sunday league XC (Senior/U20 races only)	Watford		All over 1	6

At the time of printing the indoor fixture dates for Jan/Feb were not all available

Useful telephone numbers for winter 2006/7

B J Wallman - Pre	esident 01223 893013	Neil Costello - Chairman 01223 524428
Noel Moss	Men's T&F teams and Officials	01223 833470
Nigel Burch	Coaching Secretary	01223 560161
Glyn Smith.	Road running	01223 571685
John Kazer	Cross Country	01223 308357
Nigel Poulter	Treasurer	01954 231507
Useful E-Mail an	d website addresses	

C&C Website www.cambridgeandcoleridge.org.uk

UKA website www.ukathletics.org.uk AAA website www.englandathletics.org SEAA website www.seaa.org.uk

E-mails about C&Cmembership and other admin issues info@cambridgeandcoleridge.org.uk

Amendments/items for website

webmaster@cambridgeandcoleridge.org.uk

To join the C&C e-mail information group, e-mail your request to iohnkazer@hotmail.com Newsletter editor (for your results and articles to publish) noel-moss@supanet.com Athletics kit and shoes by internet or mail order www.bournesports.com

Review of Summer 2006 Track and Field

Southern Men's League

After a first half of the season where the team was 4th, 2nd & 4th in the first three matches, the team finished 3rd at Ryston having been badly hit by the National Schools and the British Vets Championships (we even dragged Martin Graves back in the team for the three heavy throws). We still scored well on that match and it was a thrilling finish as C&C snatched 3rd place on the 4 x 400 relay.

In the fifth fixture at Reading the team finished 5th on a day when the match was hit by a torrential thunderstorm. It wasn't a case of C&C athletes doing badly – they all performed well, but the opposition were better. That left us with 12 match points and needing at least a 3rd to get safe. At Harrow, the team did just that, grabbing 3rd place (only just behind Ipswich who gained promotion) and everyone again did their best for the team. That left us with 15 points, and as we had also beated and overtaken Aldershot, we thought we should be safe.

No such luck!. Somehow, three of the teams below us, pulled off freak wins, one of them on an away match against the 3rd placed club! The league table was very flat in the middle with 16 teams on 15, 16 or 17 match points. So the team ended in 21st place and 6 get relegated. No escape. Next seasons target must be to get straight back up again, but that's not so easy because only two teams are promoted from Div 3 North.

Southern Women's League

Not quite as good as last years result, but still in the upper middle of the Division – we seem to have a severe shortage of U17/U20/Senior athletes willing to compete and so the team is mainly in the Under 15's category. That means we can not score more than half points in most fixtures. The home match was the exception when the turn-out for the senior age-group was much better, and the team got a big points score, but one match doesn't make a summer season!

Eastern Veterans League

As in previous years, neither the Men nor the Women were able to fill all the events and so were not able to reach the League finals, but the Men's scores were definitely better again this year, and both teams only just missed out, finishing 9th. Those that competed enjoyed themselves, some set the odd age-group best, and the social aspect was as good as usual.

East Anglian league

A good season overall. In the league we finished 1st in the under 15 Girls and won the trophy. We were 2nd in the U13 Boys, 3rd, Under 13 Girls, 4th in the Senior Men and the U17 Men, 5th in the Ladies, and 8th in the U15 Boys.

C&C were 3rd in the Overall League table behind Ipswich and Chelmsford, with that result being decided entirely on the final fixture when the three teams met (on the day when we had only 2 under 15 Boys available for the team)

All seven age-groups qualified for the finals, which were held at Bury St Edmunds on October 17th, but as you will see below, more support would have made it easier.

It was sometimes difficult to get even half a team of Under 17 Men or Under 15 Boys but response from the other age-groups was in general very good. Its not surprising for the Under 17 Men in the holiday season as there are not that many of them and most clubs struggle, but we were very surprised by the difficulty to field more than 2 under 15 Boys in the August match.

Because of the need to get this newsletter out before the start of winter training, the results of the final are not available at the time of printing. They will be in the December issue this year.

Eastern Young Athletes league

Yet another good season, finishing in 8th position (same as last year) and qualifying for the Plate final. Turn-out has generally been good with the exception of the under 17 Women, where it has again been disappointing. That has probably not been helped by the Team Cambridgeshire participation in the National Junior (Under 20's) league which allows high standard under 17's to compete.

In the Plate Final, C&C finished 4th overall, but won the Under 15 Girls and Under 17 Mens age-group trophy's. Well done to all the athletes and team managers.

There were quite a lot of seasons bests. Bravest athlete was Georgia Bristow in the under 13 girls, who took a very painful tumble in the hurdles (the first event), so she couldn't do her other individual events during the day, but insisted on doing the relay and helped the team to a first place in that event, despite her raw patches from the fall.

As usual this year the under 17 Womens age-group was very thin – a little disappointing because we have enough atletes, but we did field a relay team this time. The under 13 boys age-group was

hit by football – not really fair to the other athletes when we have spent all season qualifying for the final.

Some new club records (up to 10th September)

Congratulations go to the following:

Congratulations go to the lo	110 W1116.		
Ed Aston	Under 20 men	800m	1.49.1
Gary Parsons	Veteran Men *	Discus	39.88
Gary Parsons	Veteran Men *	Shot	12.40
Gary Parsons	Veteran Men *	Hammer	41.02
Lauren Sammout	Under 15 Girls	Triplejump	9.95
Gabriella Abbott-Gribben	Under 15 Girls	Polevault	1.40
Hayley Sayer	Under 15 Girls	Hammer	32.51
Alice Forster	Under 17 Women	Hammer	38.29
Lucy Dowsett	Under 17 Women	800m	2.08.97
Lucy Dowsett	Under 17 Women	3000m	10.16.5
Alice Forster	Under 20 Women **	Hammer	36.98
Kim Motley	Under 20 Women	100m Hurdles	15.13
Lucy Dowsett	Under 20 Women **	800m	2.13.17
Lucy Dowsett	Under 20 Women **	3000m	10.18.2
Alice Forster	Senior Women ***	Hammer	38.11

^{*} The veterans age-group for Men was lowered to 35 in 2006 to align with the Womens age.

So tantalisingly close - Ed Aston unlucky by 0.1 secs

As you know from the previous Newsletter, Ed Aston has represented GB as an under 20 this year and has now done a 2^{nd} International fixture.

He was 2nd at the AAA Under 20 Championships – which would have got him an automatic place in the Bejing U20 world Championships team if he had run below the qualifying standard.

The qualification standard set by UKA was 1.49.0, more than 1 second lower than the actual event qualification standard. Two people had got the standard before the AAA championships, and Ed beat one of them at the AAA's, but the race was not fast enough to get the qualification standard. UKA said that if Ed could get the standard time in the next week, , he could have the team place, otherwise the guy he beat would go because he had already run the standard time.

Ed went to Watford the following Wednesday, and finished 2nd behind an Olympic semi-finallist in a time of 1.49.1 – so close, but not close enough, and unfortunately with windy weather on the following weekend, the deadline passed with Ed just 0.1 secs away from a place in Bejing.

The club would like to congratulate Ed and his coach Mike Smith, for getting so close, and we wish Ed every success in the future.

In the Inter-territorial Match at Abingdon on Sept 3rd, Ed again beat Mark Mitchell who was in the GB team in Bejing!

Will Clarke – European Triathlon success (and Rosie)

Many of the older athletes will know Will Clarke, who has been a club member for many years together with his sister Rosie. Will ran for the club initially at 1500m then 5000m, and has gradually developed his passion for Triathlon.

He has competed at World level in the Junior age-groups, and this has meant that he has not been so prominent at the club except during the Cross-country season, where he usually leads our team home.

It was good to hear on the news that he has just won the European Under 23 Triathlon title in September this year.

^{**} Set competing in an Under 20 Womens competition (National Junior League)

^{***} Set competing in a Senior Womens competition (Southern Womens League)

And that's not all – Will's sister Rosie finished 6th in the Under 23 Womens event, and she is still only 19.

Well done Will & Rosie – long may your success continue

Sportshall athletics for Under 15's, Under 13's and under 11's.

We hope that the County will be running Sportshall Athletics competitions again during the winter season, and C&C hope to participate. Provisional dates are not yet available

<u>The Cambridge 4 mile race to Trumpington War Memorial and back – A bit of history from Peter Chaplin</u>

The Jim Black Cup. Jim Black – presented the cup for the 4 mile Race as a farewell gift when leaving for Africa in 1957. A contemporary of Terry Fox Eddie Mortlock, and George Phipps and a rival of Bill Spratt, all vice presidents of the club during their lifetimes. He originated in ELY Joined Cambridge Town AC in 1950 worked at Whickham Brook as trainee farm manager. Left for Kenya in 1957 to work for the forestry commission in that country. From there he moved to Rhodesia when Kenya gained their independence. Once when returning home from leave in England, he was captured and held hostage by Mosambique rebels. It took the efforts of the government, prompted by Clement Freud, then M.P. for Ely to gain his release. It turned out that they had the wrong Black. Apparently there is or was a Sir James Black originating from Ely who was thought to be a man of some importance in Africa. Important enough to have a Road named after him in Ely. When Rhodesia became Malawi, Jim again moved finally to Swaziland, where he still lives. He returns to this country annually and still meets up with friends of his early athletic days. Jim was a good club runner being the first to break 20 minutes for the 4 mile race which then started from the top of Mill lane, up to the Trumpington Memorial and return. He was also capable of running the mile in around 4 mins 50sec, which was a good time round on a grass field or Cambridge Town football ground.

The Four mile Race itself goes back a lot further. (The four mile was a very popular distance at the turn of the 20th Century, so it is quite possible the club's race could be close on 100 years old!) The original course started outside a Public House, where else, called the Castle Inn, now the side entrance to the Guildhall in Guildhall Street off Petty Cury. Out onto Trumpington Street, up to the Trumpington War Memorial and return. There was a cup presented for this race, but the last that was heard of it was that it went to Bristol with a Mr. Taylor, and from there it disappeared. All attempts to trace it have been of no avail.

Hence the Jim Black Cup.

After the 1939-45 war the race was revived, with the first race in 1946. The race was shifted to the University Hare and Hounds H.Q. at the Anchor (another Public House) in Silver Street, with the start in Mill Lane, but still to the Trumpington War Memorial and return. The winner in those early days was George Phipps, who won the race no fewer than six times between 1946 and 1953, for some reason it was not run in 1950, or the results have been lost. Each year it was won in a faster time than the year before. Starting with 22min 54sec and improving to 21min 22sec. The next year George Clocked 21min 02sec, but only finished third to Jack Hobart, who won in 20 min 57sec. (when I first met him Jack had taken up walking as his preferred athletic past time). The first time 21 minutes was bettered. The next year, 1954 a new winner was to appear, by the name of Jim Smith. He was to set the record of 20 min 08 sec for the Mill lane start, as this was the last time the race was run from there.

In 1955 it moved with the Hare and Hounds to the Hockey Pavilion on Lammas land, (the nearest public house being the Red Bull in Barton Road. (In the 1960's this was to become the C & C A.C. Cross Country and Road Running H.Q. The Icknield Cross Country League Shield, hung for a number of years just inside the door). The start and finish now being at the end of Fen Causeway. Jim was to win the race nine times in the next twelve years, and in doing so, to take the time below 20 minutes. His fastest time being 19min 51sec in 1956 The only other runners to win were, Jim Black in 1955 in 20m 03s, Peter Chaplin in 1963 in 21m 05s, and Peter

Fuller in 1964 in 20m 35s. In each of those three years Jim Smith, for reasons best known to himself did not start!

Jim was a former cyclist, who decided to give running a try. It is said, that before he went public ", he took himself to the top of Madingley Hill, and timed himself between two miles stones on the St.Neots Road. From this he deduced he could take up running with some degree of success, which he duly did. Dominating the local running scene fo many years. Another story concerning his ability was the winning of the Cardington Ten mile organised by the RAF on the roads around the base. Because Jim did not take kindly to public transport, or private cars for that matter, cars and buses always made him sick . He cycled to Cardington, duly won the ten mile and then cycled back to Cambridge. Being a Navy man he might just have taken to swimming to become a Tri-athlete many years before such an athletic event appeared on the scene. He could certainly have been a good at the Duathlon.

Soon after I joined C&C he bought a second had Vespa (a small motorised Italian Scooter), on which he travelled to away fixtures. I can see him now as we passed him in Bill Spratt's car, (Bill, Gez. Mould and Reg Hunneybell being the only three members of the club who owned cars, though Terry Fox did own a motor cycle and side car), being lashed by the wind and rain as we overtook him on the way home from a Cross Country fixture at Stevenage In the early 1960's an additional race was added to the club calendar, a Boxing Day 4 mile Sealed Handicap. It was at this fixture, in 1965 that Jim's time for the course was bettered. Steve Larkin a member of the University, who had joined the Club ran 19 min. 49 sec. This was drastically lowered the following Boxing Day by another University Runner, one Roger Robinson who brought the time down to 19 min 23 sec. (Roger was later to move to New Zealand, where he become an outstanding Veteran Runner with a time of 2 hours 14 minutes for the Marathon, which at that time was the best in the world). This survived for a few years until the twins Grenville and Graham Tuck began to realise their potential and brought the times down below 19 minutes. (As youngsters in 1965 they had run 22 mins 43 sec and 44 secs. respectfully). By this time they had both become Cross Country Internationals, and were later to go on to win international vests on the track at 10k and the steeple chase. Peter Chaplin.

Results, Results

			R	OAD			
EVAC 10	k – Comberton						
8 th	L Stone	3 rd M45	40.13	$10^{\rm th}$	M Chaplin	M45	41.37
15 th	A Downie	2 nd M55	43.46	20^{th}	G Meaĥ	M45	48.38
24^{th}	P Lee	3 rd M55	52.17	25 th	S Barnett	1st W55	52.41
Summer	5k League – Saffron	Walden – 9) th June				
1 st overal	1− 1 st mens team, 1 st	ladies team	1				
	imes available)						
5 th	C Flood			6 th	G Capetti		
7 th	I Delaney			8 th	J Kazer		
9 th	Nick Burch	U15		11 th	J Raymond		
18 th	J Lewy	M45		19 th	A Howard	U20	
24 th	P Dewison			25 th	G Smith	M60	
26^{th}	T Long			28^{th}	V Freeman		
37 th	M Kreetzer				38 th A Irvine		
40 th	D Yeneralski			42 nd	M DiFranco		
46 th	I McKay	M45		47 th	Ron Jackson		
48 th	N Taylor			49 th	N Burch		
Women	•						
1^{st}	J Ives			3 rd	J Ball		
7 th	R Roberts	W35		8 th	C Stannish		
10^{th}	D Braverman			13 th	M Wendleberger-Jan	nes	
Whipsna	<u>de 10k – 18th June</u>				2		
178 th	D Willis		50.53		410 ran		
BMAF 5	k championships – Ho	orwich – 18	3 th June				
Men							

109 th 156 th	M Chaplin (M45) P Chaplin (M75)	19.07 26.47	154 th	P Howard (M60)		26.05	32 nd F	S Cartwright F Murphy	5 th F	21.02 22.01	31 st 28 th	D Yenera D Willis	lski		21.58 22.14
Women 47 th	S Barnett (W55)	24.00	57 th	M Holmes (W65)		26.26	37 th I Final Result	D Braverman t of 5k series – Men	W50 1 st team, Lac	23.59 lies 1 st tear	38 th n	M Kelk			24.03
1 st Overa	5k series - Haverhill - July 20 ^t ll - 1 st mens team - 1 st Ladies tea	<u></u> am						k – 20th August P Dewison	M50		83 RD	G Meah		M45	
3 rd 12 th	I Delaney J Raymond	17.38 M45	4 th 18.54	J Kazer 13 th M Smit	:h	17.44	Thorney 3kg	k – 20th August A Dewison		U15	11.28	O 1110um		1110	
18 th]	18.57 C Clissold	19.21	20^{th}	J Lewy	M45	19.27	Summer 5	<u>k series – Newmark</u> – Men 3 rd team - La	tet – Sept 7t	<u>h</u>					
22 nd	S Thoday 19.55	19.49	25 th	A Dewison	1413	19.27	4 th S	S Fishwick 16.58	dies i team	L	16.28	5 th	C Flood		
26 th 32 nd	V Freeman	29.02	30 th	P Dewison		20.34	10^{th}	G Capetti		17.40	19 th	Nick Bure	ch	(U15)	19.03
32 nd	D Tickle	20.43	34 th	G Smith	M60	21.05	20 th 1	M Smith		19.05	24 th	A Howard		U20	19.36
35 th	Roger Jackson 21.49	21.15	36 th	M Kreetzer			25 th S	S Thoday G Meah		19.37 20.09	27 th 30 th	V Freema T Long	ın	M45	20.00 20.14
39 th	M DiFranco	22.07	41 st	A Irvine		22.09	35 th (G Smith	M60	21.16	37 th	M Kreetz	er	W143	M50
42 nd	D Willis	22.15					2	21.48							
Women								M DiFranco		22.14	- nd				
1 st 8 th	E Kreetzer	18.49	7th	C Gibbons		22.37		J Ives		19.29	2 nd 9 th	R Flood		F	20.43
12 th	R Roberts D Braverman	22.46 24.17	9 th	C McEinery		22.56		M Simmons t of 5k series – Men	F 1 st team Lac	21.31	9"" "	C McEine	ery	F	22.32
	Abbey 12k:	24.17					Grunty Fer	n Half Marathon –	10 th Senten	nes 1 - teal 1 her - 608	11 finished				
18 th	M Smith	40.23	39 th	P Dewison	M50	42.48	Men (Overa	all race positions)							
97 th	C Stanier F	48.26	121 st	D Braverman	W50	51.25	25 th	G Capetti 1.26.18	$24^{th} M$	1.22.06	51 st	J Raymon	nd		48 th M
St Ives D	Dairy Crest 10k – 23 rd July		and r 1	t other to			aath 1	1.26.18	10th 2445	1.20.40	96 th	A TT	1	(1120)	1 22 15
9 th Mens	team and 11 th Mens team G Capetti (M40)	36.49	41 st	es team and 6 th Ladies G Cinque (M45)	s team	41.04	77 th M 113 th I	M Chaplin D Mail	12 th M45 9 th M50	1.29.40 1.33.52	96 th 117 th	A Howard J Lewy	1	(U20) 18 th M45	1.32.15
47 th	A Downie (M55)	41.31	48 th	S Thoday		41.48		A Downie	3 rd M55	1.35.32	126 th	T Long		21 st M45	
57 th 76 th	A Downie (M55) E Kreetzer (2 nd Fem)	42.13	74 th	P Dewison (M50)		43.23	146 th (G Smith	4 th M60	1.37.07	150 th	S Thoday		135 th M	1.37.27
76 th	G Smith (1 st M60)	43.28	124 th	C Brown (M40)		45.37	213 th (G Meah	31 st M45	1.42.25		•			
131 st	S Cartwright (Fem)	46.08	151st	F Murphy (W40)		47.01	Women (Ov	verall race positions)	Women 2 nd	¹ Team	th			th	
178 th	C McEinery(Fem)	48.24	199 th 208 th	P Garrett (M45)		49.04	14 th H 248 th H	E Leggate F Murphy 40 th W	1 st W	1.20.26	124 th 278 th	D Abraha	ım	14 th W 45 th W	1.35.14
200 th	D Willis (M40)	49.06		A Irvine (M35)		49.17	248 F	F Murphy 40 W	$10^{\text{th}} \text{ W}40$	1.44.52	278	S Culit		45, W	1.47.00
7) [7)	M Kreetzer (M50)		70 3X	217 th C Stani	er (Fem)		361 ^m N	M lennings	4" W/50	1 5/1 28	121 ^m	R Fadon		24^{th} W/40	1 50 //5
212 th	M Kreetzer (M50) 49.49		49.38	217 th C Stani	er (Fem)		364 th N	M Jennings	4 th W50	1.54.28	424 th	R Eadon		24 th W40	1.59.45
301 st	49.49 M Jennings (W50)	54.37			er (Fem)					TRACK	& FIELD			24 th W40	1.59.45
301 st Funrun -	49.49 M Jennings (W50) A Dewison	54.37	49.38 11.32	217 th C Stani 8 th of 126.	er (Fem)		Eastern Yo	oung Atletes league	on 2 nd July	TRACK at Cambr	& FIELD		t and on the		
301 st Funrun - <u>Haverhi</u> l	49.49 M Jennings (W50) A Dewison Il 10k – July 30 th				er (Fem)		Eastern Yo Match resul	oung Atletes league	on 2 nd July	TRACK at Cambr	& FIELD		ord 390, 5 th		
301 st Funrun - <u>Haverhil</u> 11 th	49.49 M Jennings (W50) A Dewison Il 10k – July 30 th P Dewison	54.37 42.53			er (Fem)		Eastern Yo Match resul 6th Thurrock	oung Atletes league lt – 1 st Chelmsford 6 k 234, 7 th Ryston 140	on 2 nd July	TRACK at Cambr	& FIELD		ord 390, 5 th l		
301 st Funrun - <u>Haverhil</u> 11 th Haverhil	49.49 M Jennings (W50) A Dewison II 10k – July 30 th P Dewison II 5k – July 30 th				er (Fem)		Eastern Yo Match resul 6 th Thurrock Under 17 m	bung Atletes league lt – 1 st Chelmsford 6 k 234, 7 th Ryston 140	on 2 nd July 118, 2 nd C&C	TRACK at Cambr	& FIELD ridge Stevenage		ord 390, 5 th) C Morter		
301 st Funrun - Haverhi l 11 th Haverhi l 4 th Stamfore	49.49 M Jennings (W50) A Dewison II 10k – July 30 th P Dewison II 5k – July 30 th A Dewison d 10 – 2 nd August		11.32		er (Fem)		Eastern Yo Match resul 6 th Thurrock Under 17 m 100m	bung Atletes league lit – 1 st Chelmsford 6 k 234, 7 th Ryston 140 ten 2A N/S	on 2 nd July 118, 2 nd C&C L Crabb J Baxter	TRACK at Cambr	& FIELD ridge Stevenage 11.7 12.3	586, 4 th Ilfo 1B	C Morter		nes 369,
301 st Funrun - Haverhil 11 th Haverhil 4 th Stamfore 1 st M55	49.49 M Jennings (W50) A Dewison Il 10k – July 30 th P Dewison Il 5k – July 30 th A Dewison Il 10 – 2 nd August J Jenkins 19.18	42.53	11.32 20.31		er (Fem)		Eastern Yo Match resul 6 th Thurrock Under 17 m 100m	bung Atletes league tt – 1 st Chelmsford 6 k 234, 7 th Ryston 140 ten 2A N/S 2A	on 2 nd July 118, 2 nd C&C L Crabb J Baxter L Crabb	TRACK at Cambr	& FIELD idge Stevenage 11.7 12.3 23.5	586, 4 th Ilfo			nes 369,
301 st Funrun - Haverhil 11 th Haverhil 4 th Stamfor 1 st M55 EVAC 5	49.49 M Jennings (W50) A Dewison 10k - July 30 th P Dewison 15k - July 30 th A Dewison 10 - 2 nd August J Jenkins 19.18 K Championships - August 6 th ar	42.53 t Cambri	11.32 20.31	8 th of 126.	` ,	19.44	Eastern Yo Match resul 6 th Thurrock Under 17 m 100m 200m 400m	bung Atletes league It – 1 st Chelmsford 6 k 234, 7 th Ryston 140 ten 2A N/S 2A 3A	on 2 nd July 118, 2 nd C&C L Crabb J Baxter L Crabb J Gadsby	TRACK at Cambr	& FIELD <u>idge</u> Stevenage 11.7 12.3 23.5 54.9	586, 4 th Ilfo 1B	C Morter		nes 369,
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301 st Funrun - Haverhil 11 th Haverhil 4 th Stamford 15 th M55 EVAC 5 17 th 30 th 41 st Wibbly- 33 rd	49.49 M Jennings (W50) A Dewison Il 10k – July 30 th P Dewison Il 5k – July 30 th A Dewison Il 10 – 2 nd August J Jenkins I Jenkins M Chaplin M Chaplin M G Smith M 60 V Green 2 nd W50 Wobbly log jog – August 6 th A Downie I st M55	42.53 t Cambrio 19:20 21.00 21.41 32.52	20.31 dge 21 st 36 th 45 th	L Stone M45 G Meah M45 S Barnett 1st N	5	21.33 24.28 34.34	Eastern Yo Match resul 6 th Thurrock Under 17 m 100m 200m 400m 800m 1500m Hurdles	oung Atletes league It – 1 st Chelmsford 6 k 234, 7 th Ryston 140 ten 2A N/S 2A 3A 1A 1A 5A 2A 4A	on 2 nd July 18, 2 nd C&C) L Crabb J Baxter L Crabb J Gadsby T Kelk W Mycroft T Kelk S Whittake	TRACK at Cambria 605, 3rd	& FIELD idge Stevenage 11.7 12.3 23.5 54.9 2.11.1 4.46.1 19.2 5.62 1.55	586, 4 th Hfo 1B 2B 1B	C Morter C Morter J Jamieson	Milton Key	nes 369, 12.0 25.7 4.54.5
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301 st Funrun - Haverhil 11 th Haverhil 4 th Stamford 1st M55 EVAC 5 17 th 30 th 41 st Wibbly- 33 rd 53 rd 77 th 213 th Harlow 13 th Summer	49.49 M Jennings (W50) A Dewison 10k - July 30 th P Dewison 15k - July 30 th A Dewison 10 - 2 nd August J Jenkins	42.53 t Cambrid 19:20 21:00 21:41 32.52 34:51 36.57 47.23 61.41 t 10th	20.31 dge 21 st 36 th 45 th 49 th 76 th 100 th	But of 126. L Stone M45 G Meah M45 S Barnett Ist of T Long A Irvine C McEinery	5 5 W55 M45	21.33 24.28 34.34 36.52	Eastern Yo Match resul 6h Thurrock Under 17 m 100m 200m 400m 800m 1500m Hurdles Longjump Highjump Triplejump Shot Discus Javelin	Dung Atletes league t - 1 st Chelmsford 6	on 2 nd July 118, 2 nd C&C 118, 2 nd C&C 119 1 Baxter L Crabb J Gadsby T Kelk W Mycroft T Kelk S Whittake S Whittake C McCaig 2A W Mycroft	TRACK at Cambi	& FIELD idge Stevenage 11.7 12.3 23.5 54.9 2.11.1 4.46.1 19.2 5.62 1.55 1.65 er 6.29	586, 4 th Ilfo 1B 2B 1B 2B 2B 2B 11.59	C Morter C Morter J Jamiesor J Baxter B Abbott-	Milton Key Gribben L Tucker	nes 369, 12.0 25.7 4.54.5 5.41 1.45
301 st Funrun - Haverhil 11 th Haverhil 4 th Stamfort 1 st M55 EVAC 5 17 th 30 th 41 st Wibbly- 33 rd 53 rd 77 th 213 th Harlow 13 th Summer Overall 1	49.49 M Jennings (W50) A Dewison II 10k – July 30 th P Dewison II 5k – July 30 th A Dewison II 5k – July 30 th A Dewison II 5k – July 30 th A Dewison II 10 – 2 nd August I J Jenkins I 19.18 K Championships – August 6 th at M Chaplin M Chaplin M Chaplin M 60 V Green 2 nd W50 Wobbly log jog – August 6 th A Downie I St C Brown M 40 I McKay I M 45 I M 45 C Flood St series - Cambridge – Augus St – Men 1st team - Ladies 1 st tean	42.53 t Cambrid 19:20 21:00 21:41 32.52 34:51 36.57 47.23 61.41 t 10th	20.31 dge 21 st 36 th 45 th 76 th 100 th	L Stone M45 G Meah M45 S Barnett 1st v T Long A Irvine C McEinery	55 W55 M45 W35	21.33 24.28 34.34 36.52	Eastern Yo Match resul 6th Thurrock Under 17 m 100m 200m 400m 800m 1500m Hurdles Longjump Highjump Triplejump Shot Discus Javelin 4 x 100	Dung Atletes league t - 1 st Chelmsford 6 k 234, 7 th Ryston 140 ten	on 2 nd July 18, 2 nd C&C) L Crabb J Baxter L Crabb J Gadsby T Kelk W Mycroft T Kelk S Whittake S Whittake C McCaig 2A W Mycroft C McCaig	TRACK at Cambi	**FIELD idge Stevenage 11.7 12.3 23.5 54.9 2.11.1 4.46.1 19.2 5.62 1.55 1.65 er 6.29 25.07	586, 4 th Ilfo 1B 2B 1B 2B 2B 11.59	C Morter C Morter J Jamiesor J Baxter B Abbott- 1B L Tucker	Milton Key Gribben L Tucker	nes 369, 12.0 25.7 4.54.5 5.41 1.45
301 st Funrun - Haverhil 11 th Haverhil 4 th Stamford 1st M55 EVAC 5 17 th 30 th 41 st Wibbly- 33 rd 53 rd 77 th 213 th Harlow 13 th Summer	49.49 M Jennings (W50) A Dewison II 10k – July 30 th P Dewison II 5k – July 30 th A Dewison II 5k – July 30 th A Dewison II 5k – July 30 th A Dewison II 610 – 2 nd August J Jenkins II 9.18 K Championships – August 6 th at M Chaplin M Chaplin M 60 V Green 2 nd W50 Wobbly log jog – August 6 th A Downie I st M55 C Brown M 40 F Murphy W 40 I McKay M 45 I M 45 C Flood Sk series – Cambridge – Augus St – Men 1st team - Ladies 1 st tean S Fishwick	42.53 t Cambrid 19:20 21:00 21:41 32.52 34:51 36.57 47.23 61.41 t 10th	20.31 dge 21 st 36 th 45 th 76 th 100 th	But of 126. L Stone M45 G Meah M45 S Barnett Ist of T Long A Irvine C McEinery	55 W55 M45 W35	21.33 24.28 34.34 36.52	Eastern Yo Match resul 6th Thurrock Under 17 m 100m 200m 400m 800m 1500m Hurdles Longjump Highjump Triplejump Shot Discus Javelin 4 x 100 Under 15 Bo	Dung Atletes league t - 1 st Chelmsford 6 k 234, 7 th Ryston 140 ten	on 2 nd July 18, 2 nd C&C L Crabb J Baxter L Crabb J Gadsby T Kelk W Mycroft T Kelk S Whittake SWhittake C McCaig 2A W Mycroft C McCaig C Morter	TRACK at Cambi	& FIELD idge Stevenage 11.7 12.3 23.5 54.9 2.11.1 4.46.1 19.2 5.62 1.55 1.65 er 6.29 25.07 34.60	586, 4 th Ilfo 1B 2B 1B 2B 2B 11.59 3B 2B	C Morter C Morter J Jamiesor J Baxter B Abbott- 1B L Tucker J Jamiesor	Milton Key Gribben L Tucker	nes 369, 12.0 25.7 4.54.5 5.41 1.45
301st Funrun - Haverhil 11th Haverhil 4th Stamford 1st M55 17th 30th 41st Wibbly- 33rd 53rd 77th 213th Harlow 13th Summer Overall 1 1st	49.49 M Jennings (W50) A Dewison 10k - July 30 th P Dewison 15k - July 30 th A Dewison 10 - 2 nd August J Jenkins	42.53 t Cambrid 19:20 21.00 21.41 32.52 34.51 36.57 47.23 61.41 t 10th a (times fi	20.31 dge 21 st 36 th 45 th 49 th 76 th 100 th	L Stone M45 G Meah M45 S Barnett 1st v T Long A Irvine C McEinery	55 W55 M45 W35	21.33 24.28 34.34 36.52 38.37	Eastern Yo Match resul 6th Thurrock Under 17 m 100m 200m 400m 800m 1500m Hurdles Longjump Highjump Triplejump Shot Discus Javelin 4 x 100	oung Atletes league It - 1 st Chelmsford 6 k 234, 7 th Ryston 140 It - 1 st Chelmsford 6 k 244 It - 1 st Chelmsford 6 k 245 It - 1 st Chelms	on 2 nd July 18, 2 nd C&C) L Crabb J Baxter L Crabb J Gadsby T Kelk W Mycroft T Kelk S Whittake S Whittake C McCaig 2A W Mycroft C McCaig	TRACK at Cambridge 605, 3rd s	& FIELD idge Stevenage 11.7 12.3 23.5 54.9 2.11.1 4.46.1 19.2 5.62 1.55 1.65 er 6.29 25.07 34.60	586, 4 th Ilfo 1B 2B 1B 2B 2B 11.59	C Morter C Morter J Jamiesor J Baxter B Abbott- 1B L Tucker	Milton Key Gribben L Tucker	nes 369, 12.0 25.7 4.54.5 5.41 1.45
301 st Funrun - Haverhil 11 th Haverhil 4 th Stamfort 1 st M55 EVAC 5 17 th 30 th 41 st Wibbly- 33 rd 53 rd 77 th 213 th Harlow 13 th Summer Overall 1 1 st 6 th 13 th	49.49 M Jennings (W50) A Dewison 10k - July 30 th P Dewison 15k - July 30 th A Dewison 10 - 2 nd August J Jenkins	42.53 t Cambrid 19:20 21:00 21:41 32:52 34:51 36:57 47:23 61:41 t 10th a (times fi	20.31 dge 21 st 36 th 45 th 76 th 100 th	Bth of 126. L Stone M45 G Meah M45 S Barnett Ist v T Long A Irvine C McEinery Mekeepers) 3rd C Flood C C Clissold P Dewison	M50	21.33 24.28 34.34 36.52 38.37	Eastern Yo Match resul 6th Thurrock Under 17 m 100m 200m 400m 800m 1500m Hurdles Longjump Highjump Triplejump Shot Discus Javelin 4 x 100 Under 15 Be 100m	Dung Atletes league t - 1 st Chelmsford 6 k 234, 7 th Ryston 140 ten	on 2 nd July 118, 2 nd C&C 118, 2 nd C&C 119 12 Baxter 13 Crabb 13 Gadsby 17 Kelk 18 W Mycroft 17 Kelk 18 Whittakes 18 Whittakes 19 C McCaig 19 C McCaig 10 C McCaig 11 Jones	TRACK at Cambridge 605, 3rd s	& FIELD idge Stevenage 11.7 12.3 23.5 54.9 2.11.1 4.46.1 19.2 5.62 1.55 1.65 er 6.29 25.07 34.60	586, 4 th Ilfo 1B 2B 1B 2B 2B 11.59 3B 2B 1B, N/S	C Morter C Morter J Jamiesor J Baxter B Abbott- 1B L Tucker J Jamiesor O Webber J Ballie	Milton Key Gribben L Tucker	nes 369, 12.0 25.7 4.54.5 5.41 1.45 16.21 19.73 47.1 12.8 14.0
301 st Funrun - Haverhil 11 th Haverhil 4 th Stamford 1st M55 EVAC 5 17 th 30 th 41 st Wibbly- 33 rd 53 rd 53 rd 13 th Harlow 13 th 13 th 6 th 13 th 16 th	49.49 M Jennings (W50) A Dewison II 10k – July 30 th P Dewison II 5k – July 30 th A Dewison II 5k – August II 7 18 II	42.53 t Cambrid 19:20 21.00 21.41 32.52 34.51 36.57 47.23 61.41 t 10th n (times fi	20.31 dge 21 st 36 th 45 th 100 th rom the Tin 16.40 10 th 14 th 17 th	Bth of 126. L Stone M45 G Meah M45 S Barnett 1st v T Long A Irvine C McEinery C C Clissold P Dewison ADownie	M45 W35	21.33 24.28 34.34 36.52 38.37	Eastern Yo Match resul 6th Thurrock Under 17 m 100m 200m 400m 800m 1500m Hurdles Longjump Highjump Triplejump Shot Discus Javelin 4 x 100 Under 15 Bo	Dung Atletes league t - 1 st Chelmsford 6 k 234, 7 th Ryston 140 ten	on 2 nd July 18, 2 nd C&C L Crabb J Baxter L Crabb J Gadsby T Kelk W Mycroft T Kelk S Whittake SWhittake C McCaig 2A W Mycroft C McCaig C Morter I Jones M Lawrenc A Morter I Jones	TRACK at Cambridge 605, 3rd s	& FIELD idge Stevenage 11.7 12.3 23.5 54.9 2.11.1 4.46.1 19.2 5.62 1.55 1.65 er 6.29 25.07 34.60 13.0 13.7 14.6 25.9	586, 4 th Ilfo 1B 2B 1B 2B 2B 11.59 3B 2B	C Morter C Morter J Jamiesor J Baxter B Abbott- 1B L Tucker J Jamiesor O Webber	Milton Key Gribben L Tucker	nes 369, 12.0 25.7 4.54.5 5.41 1.45
301 st Funrun - Haverhil 11 th Haverhil 4 th Stamford 1st M55 EVAC 5 17 th 30 th 41 st Wibbly- 33 rd 53 rd 53 rd 13 th Harlow 13 th 13 th 6 th 13 th 16 th	49.49 M Jennings (W50) A Dewison Il 10k - July 30 th P Dewison Il 5k - July 30 th A Dewison Il 5k - July 30 th A Dewison Il 5k - July 30 th A Dewison Il 10 - 2 nd August J Jenkins I 9.18 K Championships - August 6 th and M Chaplin M M M M M M M M M M M M M M M M M M M	42.53 t Cambrid 19:20 21.00 21.41 32.52 34.51 36.57 47.23 61.41 t 10th 1 (times find the content of the	20.31 dge 21 st 36 th 45 th 49 th 76 th 100 th rrom the Tin 16.40 10 th 14 th 17 th 23 rd	L Stone M45 G Meah M45 S Barnett 1st v T Long A Irvine C McEinery nekeepers) 3rd C Flood C Clissold P Dewison ADownie V Freeman	M50	21.33 24.28 34.34 36.52 38.37 18.47 19.10 19.34 20.15	Eastern Yo Match resul 6th Thurrock Under 17 m 100m 200m 400m 800m 1500m Hurdles Longjump Highjump Triplejump Shot Discus Javelin 4 x 100 Under 15 Be 100m	bung Atletes league t - 1 st Chelmsford 6 k 234, 7 th Ryston 146 en	on 2 nd July 118, 2 nd C&C L Crabb J Baxter L Crabb J Gadsby T Kelk W Mycroft T Kelk S Whittake SWhittake C McCaig 2A W Mycroft C McCaig C Morter I Jones M Lawrenc A Morter I Jones T Butler	TRACK at Cambridge 605, 3rd s	& FIELD idge Stevenage 11.7 12.3 23.5 54.9 2.11.1 4.46.1 19.2 5.62 1.55 1.65 er 6.29 25.07 34.60 13.0 13.7 14.6 25.9 317	586, 4 th Ilfo 1B 2B 1B 2B 2B 11.59 3B 2B 1B, N/S 1B	C Morter C Morter J Jamiesor J Baxter B Abbott-1 B L Tucker J Jamiesor O Webber J Ballie J Lines	Milton Key Gribben L Tucker	nes 369, 12.0 25.7 4.54.5 5.41 1.45 16.21 19.73 47.1 12.8 14.0 25.7
301 st Funrun - Haverhil 11 th Haverhil 4 th Stamfort 1 st M55 EVAC 5 17 th 30 th 41 st Wibbly- 33 rd 53 rd 77 th 213 th Harlow 13 th Summer Overall 1 1 st 6 th 13 th	49.49 M Jennings (W50) A Dewison II 10k – July 30 th P Dewison II 5k – July 30 th A Dewison II 5k – August II 7 18 II	42.53 t Cambrid 19:20 21.00 21.41 32.52 34.51 36.57 47.23 61.41 t 10th n (times fi	20.31 dge 21 st 36 th 45 th 100 th rom the Tin 16.40 10 th 14 th 17 th	Bth of 126. L Stone M45 G Meah M45 S Barnett 1st v T Long A Irvine C McEinery C C Clissold P Dewison ADownie	M50	21.33 24.28 34.34 36.52 38.37	Eastern Yo Match resul 6th Thurrock Under 17 m 100m 200m 400m 800m 1500m Hurdles Longjump Highjump Triplejump Shot Discus Javelin 4 x 100 Under 15 Be 100m	Dung Atletes league t - 1 st Chelmsford 6 k 234, 7 th Ryston 140 ten	on 2 nd July 18, 2 nd C&C L Crabb J Baxter L Crabb J Gadsby T Kelk W Mycroft T Kelk S Whittake SWhittake C McCaig 2A W Mycroft C McCaig C Morter I Jones M Lawrenc A Morter I Jones	TRACK at Cambridge 605, 3rd s	& FIELD idge Stevenage 11.7 12.3 23.5 54.9 2.11.1 4.46.1 19.2 5.62 1.55 1.65 er 6.29 25.07 34.60 13.0 13.7 14.6 25.9	586, 4 th Ilfo 1B 2B 1B 2B 2B 11.59 3B 2B 1B, N/S	C Morter C Morter J Jamiesor J Baxter B Abbott- 1B L Tucker J Jamiesor O Webber J Ballie	Milton Key Gribben L Tucker	nes 369, 12.0 25.7 4.54.5 5.41 1.45 16.21 19.73 47.1 12.8 14.0

800m 1500m	DQ 3A	J Baslington	4.44.8	2B	N Masih-Hanneghan		200	N/S N/S	M George S Udin	15.2 16.7	N/S N/S	M Turne	11	15.9 18.5
Hurdles	1A N/S	J Lines B Kelk	12.2 12.4	1B N/S	T Higton T Butler	13.1 15.3	200m	2A N/S	G Bristow J Kent	30.7 35.8	5B N/S	M Georg E Robert		32.6 36.1
Longjump	3A	O Webber	5.08	4B	T Butler	4.12	000	N/S	S Rawe	36.7	2D	X/ E		2.14.0
Highjump Shot	2A 2A	I Jones M Lawrence	1.65 9.29	1B 2B	T Higton J McGillivray	1.55 7.30	800m	4A N/S	R Davidson J Richards	3.07.8 3.08.2	3B N/S	V Free A Cantri	п	3.14.8 3.13.9
Silot	N/S	S Bicknell	7.00	20	J Wediniviay	7.30	1500m	4A	L Gillie-Andrews	6.01.0	14/5	A Canui	ш	3.13.7
Discus	4A	J McGillivray	22.50	2B	T McFadzean	18.42	Hurdles	1A	C Asztalos	11.8	1B	G Bristov	W	12.5
	N/S	M Lawrence	20.26				Longjump	3A	C Asztalos	3.88	4B	J Richard		3.28
Javelin	2A	A Morter	29.60	1B	S Bicknell	23.94	TT: -1. i	N/S	A Crabb	3.31	N/S	R Davids	son	2.99
4 x 100	N/S DQ	J McGillivray	15.65				Highjump Shot	3A 4A	S Rawe E Roberts	1.25 5.87	2B 2B	J Kent C Paul		1.20 5.49
Under 13 Boys	DQ						Shot	N/S	J Richards	5.80	2D	C I aui		3.49
100m	4A	D Ebanks	14.7	3B	C Dear	15.1	Discus	4A	C Paul	14.31	1B	R Davids	son	11.88
	N/S	C Huntington	16.1	N/S	O Famure	14.5		N/S	C Fleming	14.45				
	N/S	A Ette	15.2	N/S	T South	15.6	4 x 100	2A	on en esta esta en	58.2	N/S			64.0
	N/S N/S	C Savill P Matthewson	15.7 16.9	N/S	J Vance	16.5	Men Ath 51 pts	<u>league – Ca</u>	mbridge – 5 th July					
200m	5A	D Ebanks	33.4	1B	O Famure	30.5	Men 4 th 51 pts, 100m 4 th M4 400m 4 th M4	0 D Bowk	er 15.5	2 nd M60	N Moss		15.1	
200111	N/S	A Ette	30.9	N/S	C Dear	31.0	400m 4 th M4	0 D Bowk	er 68.2				10.1	
	N/S	J Lines	31.3	N/S	J Vance	35.9	1300III 4 IVI4	o ivi Chapi	III 5.20.0	2 nd M60	P Chaplin	1	7.42.2	
800m	1A	O Bass	2.31.2	1B	H Tournant	2.42.0	2km walk 3 rd M40) D Bowk		est a reco				
1500	N/S	L Baldwin	2.38.3				Longjump 4 th M40	D Bowk	er 3.52	1" M60+	N Moss		3.78m	
1500m Hurdles	3A 3A	S Kennard T South	6.07.4 16.2	1B	C Ennis	17.9	Shot 4 th M40) A McGil	livray 7.49	2 M50-	+ P Bramfo F Martin	ra	9.49m 7.59m	
Longjump	4A	J Lines	3.90	4B	C Ennis	3.64	Hammer 3 rd M4	0 A McGil	livray 17.40	J 14100 1	1 Wartin		7.57111	
2016,0111	N/S	R Backhurst	3.49	N/S	A Ette	3.85	Relay (4.2.2.4) 4	th M40	4.16.4					
Highjump	2A	C Huntington	1.15				Ladies 3 rd 65pts			a.				
Shot	4A	O Bass	6.40	5B	C Berkley	4.54	100m			4 th W45	M Holme			18.7
D:	N/S	J Lines	6.86	N/S	C Savill	5.06	400m 1 ^{2nd} W5	5 S Barnet	t 82.6	1 st W55	M Holme S Barnett	es .	87.2 6.18.9	
Discus	5A N/S	C Huntington R Backhurst	12.33 13.63	3B N/S	C Berkley K Doherty	11.72 12.38	1500m 3 rd W35 2km walk 3 rd W35	5 R Rober R Rober		1 st W45	D Braver		12.27.6	
4 x 100 relay	DQ	K Dackiluist	13.03	N/S	K Donerty	60.5	Longiump 2 nd W3	5 R Rober		2 nd W45	M Holme		2.78	
Under 17 Women							Longjump 2 nd W3. Shot 2 nd W3. Hammer 3 rd W3.	5 R Martir	7.90	4 th W45	C Morris		6.32	
100m	6A	O Millward	14.4	1B	S Rogon	14.2	Hammer 3 rd W35	5 R Rober	ts 17.76	2^{nd} W45	C Morris		16.43	
200m	3A	L Dowsett	27.8	2B	E Bicknell	30.4			4.15.0	1 st W55	R Martin		26.21	
300m	1A N/S	L Dowsett C White	42.7 52.3	1B	V Asztalos	44.9	Relay 4 th W35		4.15.8 ngs Lynn on 8 th July					
800m	5A	E Bicknell	3.02.7				1st Ryston 126	2 nd Enfield 1	05, 3 rd C&C 102, 4 th H	actings 101	5 th London	n Heathsid	e 96	
1500m	3A	R Burbridge	5.13.9				100m	2A	T Tomu	11.5	4B	J Huckle	0) 0	12.3
Hurdles	1A	V Asztalos	13.1				200m	3A	T Tomu	22.8	3B	P Dufner		24.0
Highjump	2A	S Rogon	1.15				400m	3A	O Francis	52.2	3B	J Black		56.0
Longjump	1A	V Asztalos	4.70				800m	2A	N Beer	2.00.4	1B	D Potts		2.02.3
Shot Discus	1A 3A	A Forster A Forster	10.68 25.08				1500m 5000m	2A 2A	M Bell S Fishwick	4.24.3	2B 16.32.3	J Morley 2B	J Kazer	4.32.1
4 x 100 relay	2A	ATOISICI	25.00			55.4	17.04.1		5 I Isliwick		10.32.3	20	J Kazei	
Under 15 Girls							3000S/C	3A	J Kazer	10.39.8	1B	S Fishwi	ck	
100m	5A	J Corbett	14.3	4B	B Dixon	15.0	10.41.6							
200m	5A	J Corbett	30.7	3B	R Cormack	30.3	110 hdls	3A	J Huddlestone	18.7	3B	T Brenna		20.8
300m	N/S 3A	E Horns R Cormack	29.4 48.4	4B	R Trotter	52.4	400hdls Highjump	2A 5A	J Huddlestone T Brennand	62.1 1.50	2B 5B	T Brenna J Huddle		66.2 1.30
800m	3A 3A	N Richards	40.4	3.20.9	K Houel	32.4	Longjump	5A	J Huckle	5.56	3B	S Richar		5.31
1500m	3A	O Mathewson	5.56.6	3.20.7			Triplejp	2A	J Huckle	12.19	4B	J Brenna		3.31
Hurdles	1A	L Bass	12.3	1B	C Davidson	12.8	10.92							
Longjump	2A	L Sammout	4.62	4B	R Trotter	3.52	Polevault	4A	J Brennand		2.30	3B	N Moss	
Highjump	2A	B Dixon	1.40	10	TT C	7.62	2.20	~ A	MC	7.02	4D	A M C''		7.00
Shot	2A N/S	L Sammout E Morris	8.50 6.55	1B N/S	H Sayer R Trotter	7.63 6.24	Shot Discus	5A 5A	M Graves M Graves	7.93 23.15	4B 4B	A McGil A McGil		7.23 19.48
Discus	2A	L Sammout	22.67	1B	H Sayer	19.38	Javelin	5A	S Richards	25.50	5B	J Huddle		25.35
Javelin	1A	L May	26.71	1B	E Woodroffe	22.42	Hammer	4A	M Graves	22.67	4B	A McGil		18.34
4 x 100	3A	•	56.7				4 x 100	2A	Dufner, Tomu, Rich	ards, Huddl	estone		•	46.0
Under 13 Girls	2.4	C.D.L.	1.1.2	an.	G 4 1	110	4 x 400	2A	Black, Potts, Francis	, Tomu				3.35.1
100m	2A	G Bristow	14.3	2B	C Asztalos	14.9	National Schools			12.21				
	N/S	C Fleming	14.3	N/S	S Rawe	17.9	U15 Girls Hurdles	L Bass	5ht	12.21				

U17 Womens 800m	L Dowset		2.10.29	H Arbuck	de 8 th SF	2.17.10	800m	1A N/S	E Sayers N Richards	2.40.2	2B 3.20.7	E Gough	3.06.2
U17 Wom's Shot	A Forster	4^{th}	11.32m				1500m	1A	S Diss	5.34.6	1B	E Taylor	5.55.7
U17 Womens 1500m	G Coe	8ht 5 th	4.55.03				75m Hurdles	1A	L Bass	12.1	1B	C Davidson	12.8
U20 Wom's Hurdles			15.82 (15	5.26 in ht)				N/S	C Asztalos	12.8	N/S	R Cormack	13.8
U20 Womens 400m		4ht	58.86				4 x 100 relay	1A		55.5	27/0		
U15 Boys Hurdles	J Lines	5ht 2 nd 6 th	12.01				Highiyaan	N/S	E Corrora	56.8	N/S	Mann Olivian	57.2
U20 Mens 800m U20 Mens Hurdles	E Aston J Markley	Z 6 th	1.53.05 15.54 (15	(12 in ht)			Highjump Longjump	2A 2A	E Sayers L Sammout	1.35 4.51	1B 2B	Marr Oliver K Ewers	1.30 4.33
U20 mens 4 x 100	Markley	Godden, Abbott-Gribb	13.34 (13 ien +	4th	43.11		Longjump	N/S	Marr Oliver	3.70	N/S	J Powell	4.06
Eastern AA Champ	ionships –	Stevenage July 9 th	,011, 1	1411	15.11			N/S	C Asztalos	4.11	N/S	G Bristow	3.86
U13 Girls 200m	5 th	C Asztalos	30.5					N/S	A Midgley	3.88			
U15 Girls 100m	4ht	H Cox	14.4				Shot	1A	L Sammout	8.63	1B	H Sayer	7.55
U15 Girls 200m	5ht	H Cox	32.1				Discus	1A	L Sammout	23.40	1B	H Sayer	17.43
U15 Girls 800m	9 th	K Waite	2.59.2				Javelin	1A	E Woodroffe	23.26	1B	L May	22.18
U15 Girls Triplejump U15 Girls Shot	o I [™]	L Sammout H Sayer	9.95 7.02	6 th	H Cox	5.00	Hammer	N/S	H Sayer am Cambridgeshire -	30.60	July 16th		
U15 Girls Discus	1 st	L Sammout	24.64	6 th	H Sayer	17.01	Team Cambridges	hire 1st 555	Rasildon 2 nd 550 Re	dford 3 rd 42	6 Inswich	4 th 384, Heathside 5 th	184
U15 Girls Javelin	1 st	E Woodroffe	22.63	Ü	11 Sayor	17.01	Colch & Tend 6 th	154. St Albai	ns 7 th 50.	diord 5 42	o, ipswich	1 + 30+, Heathside 3	104,
U15 Girls Hammer	1 st 4 th	H Sayer	27.90				Men (C&C only)	.,					
U17 Womens 300m	4 th ,	V Asztalos	45.6				100m				2B	R Noray	11.5
U17 Womens 1500m	1 2 nd	R Burbidge	5.11.0				200m	3A	R Noray	23.2	3B	J Godden	24.1
U17 Womens Hurdle	es 1 st	V Asztalos	14.2				400m	1A	E Aston	49.4	2B	O Francis	52.5
U15 Boys 1500m U20 Mens 100m	2 nd 3 rd 2 nd	J Baslington J Abbott-Gribben	4.39.7				800m 1500m	3A	D Potts M Bell	2.01.5 4.24.0			
U20 mens 800m	3 2nd	M Bell	12.1 2.05.6				3000m	3A	M Dell	4.24.0	2B	W Mycroft	9.50.7
Sen mens Longjump	1 st	J Brennand	2.03.0	5.65			2k S/C	3A	A Howarth	7.05.9	20	vv iviyeloli	7.50.1
Sen Mens Tripleiumi	o 1°°	J Brennand		11.23			400m Hdls	511	11110	710015	1B	J Huddlestone	63.5
British Masters Cha	ampionship	os – Birmingham – Ju	ıly 8/9 th				110 Hdls	1 A	J Markley	15.1	1B	J Huddlestone	17.9
Men 35+	G Parsons	Shot 1 st 11.67.	Discus 2	nd 39.61,	Hammer 1 st 41.83		Longjump		•		2B	J Abbott-Gribben	5.79
Mens 55+	P Bramfo	rd Shot 6^{th} 9.60,	Discus 2 Discus 5 Weight 4	th 30.54,	Hammer 5 th 24.00		4 x 100	1A	Godden, Abbott-Gr	ibben, Nora	y, G-L Zicc	chi (HAC)	44.0
W 70.	MATE 1	Javelin 4 th 35.53	Weight 4	l" 8.17	Hammer 5 th 24.00 Nat Rec), Triplejp 2 nd	1 5 00	4 x 400	3A	Potts, Francis, Asto	n, Godden			3.31.8
Women 70+	M Holme	8 400m 1 84 / I											
		Javolin 1 st 16.51	, 800111 1	3.17.70 (Nat Rec), Triplejp 2	3.99	Women				2D	V Motley	12 /
Southern Womens I		Javelin 1 st 16.51		3.17.70 (ivat kec), Triplejp 2	3.99	100m	34	F Schofield	61.2	2B	K Motley	13.4
Southern Womens I 1st C&C 182, 2nd Fo	League – 1	Javelin 1 st 16.51 5 th July at Cambridg e	<u>e</u>		ivat kec), Triplejp 2	3.99	100m 400m	3A 1A	E Schofield G Coe	61.2 4.44.0	2B	K Motley	13.4
1st C&C 182, 2nd Fo	League – 1	Javelin 1 st 16.51	<u>e</u>			3.99	100m 400m 1500m 100 Hdls	3A 1A 1A	G Coe	61.2 4.44.0 15.4	2B	K Motley	13.4
1st C&C 182, 2nd Fo Seniors 100m	League – 1 orest 106, 3	Javelin 1st 16.51 5th July at Cambridge rd Harlow 80, 4th Bigg O Milward	<u>e</u> deswade 6	8 1B	S Rogan	14.2	100m 400m 1500m 100 Hdls Hammer	1A		61.2 4.44.0 15.4 35.19		•	
1st C&C 182, 2nd Fo Seniors 100m 200m	League – 1 prest 106, 3 3A 2A	Javelin 1st 16.51 5th July at Cambridge rd Harlow 80, 4th Bigg O Milward S Rogan	<u>e</u> gleswade 6 14.8 29.6	8 1B 1B	S Rogan E Bicknell	14.2 30.3	100m 400m 1500m 100 Hdls Hammer Discus	1A 1A	G Coe K Motley	15.4	1B	A Forster	27.78
Ist C&C 182, 2nd Fo Seniors 100m 200m 800m	League – 1 prest 106, 3 3A 2A 1A	Javelin 1st 16.51 Sth July at Cambridge The Harlow 80, 4th Bigg O Milward S Rogan H Arbuckle	etleswade 6 14.8 29.6 2.21.8	8 1B 1B 2B	S Rogan E Bicknell E Bicknell	14.2 30.3 2.48.4	100m 400m 1500m 100 Hdls Hammer Discus Shot	1A 1A 1A	G Coe K Motley A Forster	15.4 35.19	1B 1B	•	
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m	League – 1 prest 106, 3 3A 2A 1A 2A	Javelin 1st 16.51 5th July at Cambridge The Harlow 80, 4th Bigg O Milward S Rogan H Arbuckle E Kreetzer	ecleswade 6 14.8 29.6 2.21.8 5.06.7	8 1B 1B 2B 1B	S Rogan E Bicknell E Bicknell B Burbridge	14.2 30.3 2.48.4 5.07.6	100m 400m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire	1A 1A 1A	G Coe K Motley	15.4 35.19	1B 1B	A Forster	27.78
Ist C&C 182, 2nd Fo Seniors 100m 200m 800m	League – 1 prest 106, 3 3A 2A 1A 2A 2A 2A	Javelin 1st 16.51 July at Cambridge The Harlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin	eleswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1	8 1B 1B 2B	S Rogan E Bicknell E Bicknell	14.2 30.3 2.48.4	100m 400m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles	1A 1A 1A Evening Dev	G Coe K Motley A Forster	15.4 35.19 St Ives – Ju	1B 1B ly 19th	A Forster A Forster	27.78 11.13
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m	League – 1 prest 106, 3 3A 2A 1A 2A 2A 2A N/S	Javelin 1st 16.51 July at Cambridge The Harlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron	egleswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8	8 1B 1B 2B 1B	S Rogan E Bicknell E Bicknell B Burbridge	14.2 30.3 2.48.4 5.07.6	100m 400m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls	1A 1A 1A	G Coe K Motley A Forster relopment meeting — C Asztalos	15.4 35.19 St Ives – Ju 11.4	1B 1B ly 19th	A Forster A Forster G Bristow	27.78 11.13
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17	League – 1 prest 106, 3 3A 2A 1A 2A 2A 2A	Javelin 1st 16.51 July at Cambridge The Harlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin	eteleswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8	8 1B 1B 2B 1B	S Rogan E Bicknell E Bicknell B Burbridge	14.2 30.3 2.48.4 5.07.6	100m 400m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles	1A 1A 1A Evening Dev	G Coe K Motley A Forster	15.4 35.19 St Ives – Ju	1B 1B	A Forster A Forster	27.78 11.13
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay	League – 1 orest 106, 3 3A 2A 1A 2A 2A N/S 1A 3A 1A	Javelin 1st 16.51 July at Cambridge Ted Harlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos	etleswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0	8 1B 1B 2B 1B	S Rogan E Bicknell E Bicknell B Burbridge	14.2 30.3 2.48.4 5.07.6	100m 400m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m	1A 1A 1A Evening Dev	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk	15.4 35.19 St Ives – Ju 11.4 11.8 12.4	1B 1B ly 19th 2 nd 3 rd	A Forster A Forster G Bristow C Asztalos	27.78 11.13 12.0 12.4
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay	Deague – 1 3A 2A 1A 2A 2A N/S 1A 3A 1A 1A	Javelin 1st 16.51 July at Cambridge Trd Harlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos	et leswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6	8 1B 1B 2B 1B	S Rogan E Bicknell E Bicknell B Burbridge	14.2 30.3 2.48.4 5.07.6	100m 400m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys	1A 1A 1A Evening Dev	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk C Dear	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5	1B 1B ly 19th	A Forster A Forster G Bristow	27.78 11.13
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault	League – 1 3A 2A 1A 2A 2A 2A N/S 1A 3A 1A 1A 2A	Javelin 1st 16.51 July at Cambridge The July at Cambridge The Harlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson	eteleswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10	1B 1B 2B 1B 1B	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons	14.2 30.3 2.48.4 5.07.6 12.46.9	100m 400m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U15 Boys	1A 1A 1A Evening Dev	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk C Dear B Kelk	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3	1B 1B 1y 19 th 2 nd 3 rd	A Forster A Forster G Bristow C Asztalos	27.78 11.13 12.0 12.4 16.0
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault Highjump	Description of the second seco	Javelin 1st 16.51 July at Cambridge Trd Harlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson E Nalson	et leswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10 1.40	8 1B 1B 2B 1B 1B	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons	14.2 30.3 2.48.4 5.07.6 12.46.9	100m 400m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U15 Boys U15 Boys U17 men	1A 1A 1A Evening Dev	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk C Dear B Kelk L Crabb	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3 11.5	1B 1B ly 19th 2 nd 3 rd	A Forster A Forster G Bristow C Asztalos	27.78 11.13 12.0 12.4
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault Highjump Longiump	League – 1 3A 2A 1A 2A 2A 2A N/S 1A 3A 1A 1A 2A	Javelin 1st 16.51 July at Cambridge Tharlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson E Nalson O Morton	eteleswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10	8 1B 1B 2B 1B 1B	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons	14.2 30.3 2.48.4 5.07.6 12.46.9	100m 400m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U15 Boys U17 men Senior Men	1A 1A 1A Evening Dev	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk C Dear B Kelk	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3	1B 1B 1y 19 th 2 nd 3 rd	A Forster A Forster G Bristow C Asztalos J Knoop	27.78 11.13 12.0 12.4 16.0
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault Highjump Longjump Triplejump	Description of the second seco	Javelin 1st 16.51 July at Cambridge Trd Harlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson E Nalson	et leswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10 1.40	8 1B 1B 2B 1B 1B	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons	14.2 30.3 2.48.4 5.07.6 12.46.9	100m 400m 1500m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U15 Boys U17 men Senior Men 200m	1A 1A 1A Evening Dev	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk C Dear B Kelk L Crabb	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3 11.5 12.1	1B 1B 1y 19 th 2 nd 3 rd	A Forster A Forster G Bristow C Asztalos J Knoop	27.78 11.13 12.0 12.4 16.0
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault Highjump Longiump	Description of the second seco	Javelin 1st 16.51 July at Cambridge Tharlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson E Nalson O Morton	eteleswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10 1.40 4.72	1B 1B 2B 1B 1B 1B	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons	14.2 30.3 2.48.4 5.07.6 12.46.9	100m 400m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U17 men Senior Men 200m U13 Girls U15 Girls U15 Girls	1A 1A 1A 1A Evening Dev 1 st 1 st 1 st 2 nd 1 st 2 nd 1 st 1 st 1 st 2 nd 1 st 1 s	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk C Dear B Kelk L Crabb J Huckle G Bristow L Bass	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3 11.5 12.1 29.8 27.7	1B 1B 1y 19 th 2 nd 3 rd 5 th 4 th	A Forster A Forster G Bristow C Asztalos J Knoop	27.78 11.13 12.0 12.4 16.0
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault Highjump Longjump Triplejump 8.06 Shot Discus	2A 2A N/S 1A 1A 1A 1A 1A 1A 1A 2A	Javelin 1st 16.51 July at Cambridge Tharlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson E Nalson O Morton 2A E Nalson A Forster A Forster	etgleswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10 1.40 4.72	1B 1B 2B 1B 1B 1B 1B 2B 1B	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons S Rogan V Asztalos 1B O Milwan R Martin R Martin	14.2 30.3 2.48.4 5.07.6 12.46.9	100m 400m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U17 men Senior Men 200m U13 Girls U15 Girls U15 Girls U17 men Senior Men	1A 1A 1A 1A 1A Evening Dev 1 st 1 st 1 st 2 nd 1 st 1 st 1 st 1 st 2 nd 1 st 3 rd 1 st 3 rd 1 st 3 rd 1 st	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk C Dear B Kelk L Crabb J Huckle G Bristow L Bass C Dear	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3 11.5 12.1 29.8 27.7 29.7	1B 1B 1y 19 th 2 nd 3 rd 5 th 4 th	A Forster A Forster G Bristow C Asztalos J Knoop J Baxter	27.78 11.13 12.0 12.4 16.0 12.2
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault Highjump Longjump Triplejump 8.06 Shot Discus Javelin	2A 1A	Javelin 1st 16.51 July at Cambridge Total July at Cambridge Total Harlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson E Nalson O Morton 2A E Nalson A Forster A Forster C Morris	et lesswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10 1.40 4.72	1B 1B 2B 1B 1B 1B 1B 2B 1B 1B 2B	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons S Rogan V Asztalos 1B O Milwan R Martin R Martin E Nalson	14.2 30.3 2.48.4 5.07.6 12.46.9 1.20 4.39 d	100m 400m 1500m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U17 men Senior Men 200m U13 Girls U15 Girls U15 Girls U17 Girls U17 Men	1A 1A 1A 1A 1A Evening Dev 1 st 1 st 1 st 2 nd 1 st 1 st 1 st 2 nd 1 st 2 nd 1 st 2 nd 1 st	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk C Dear B Kelk L Crabb J Huckle G Bristow L Bass C Dear L Crabb	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3 11.5 12.1 29.8 27.7 29.7 23.5	1B 1B 1y 19 th 2 nd 3 rd 5 th 4 th	A Forster A Forster G Bristow C Asztalos J Knoop J Baxter	27.78 11.13 12.0 12.4 16.0 12.2
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault Highjump Longjump Triplejump 8.06 Shot Discus Javelin Hammer	2A 2A N/S 1A 1A 1A 1A 1A 1A 1A 2A	Javelin 1st 16.51 July at Cambridge Tharlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson E Nalson O Morton 2A E Nalson A Forster A Forster	etgleswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10 1.40 4.72	1B 1B 2B 1B 1B 1B 1B 2B 1B	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons S Rogan V Asztalos 1B O Milwan R Martin R Martin	14.2 30.3 2.48.4 5.07.6 12.46.9	100m 400m 1500m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U15 Boys U17 men Senior Men 200m U13 Girls U15 Girls U15 Girls U17 men Senior Men 200m Senior Men 200m Senior Men Senior Men	1A 1A 1A 1A 1A Evening Dev 1 st 1 st 1 st 2 nd 1 st 1 st 1 st 1 st 2 nd 1 st 3 rd 1 st 3 rd 1 st 3 rd 1 st	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk C Dear B Kelk L Crabb J Huckle G Bristow L Bass C Dear	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3 11.5 12.1 29.8 27.7 29.7	1B 1B 1y 19 th 2 nd 3 rd 5 th 4 th	A Forster A Forster G Bristow C Asztalos J Knoop J Baxter	27.78 11.13 12.0 12.4 16.0 12.2
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault Highjump Longjump Triplejump 8.06 Shot Discus Javelin Hammer Under 15 girls	Description of the second seco	Javelin 1st 16.51 July at Cambridge Total July at Cambridge Total Harlow 80, 4th Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson E Nalson O Morton 2A E Nalson A Forster A Forster C Morris A Forster	14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10 1.40 4.72	1B 1B 2B 1B 1B 1B 1B 2B 1B 2B 1B 2B 1B	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons S Rogan V Asztalos 1B O Milwan R Martin R Martin E Nalson R Martin	14.2 30.3 2.48.4 5.07.6 12.46.9 1.20 4.39 d 7.58 23.79 14.65 24.25	100m 400m 1500m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U17 men Senior Men 200m U13 Girls U15 Girls U15 Girls U17 men Senior Men Senior Men Senior Men Senior Men	1A 1A 1A 1A 1A Evening Dev 1 st 1 st 1 st 2 nd 1 st 1 st 1 st 2 nd 1 st 2 nd 1 st 2 nd 1 st	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk C Dear B Kelk L Crabb J Huckle G Bristow L Bass C Dear L Crabb J Huckle	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3 11.5 12.1 29.8 27.7 29.7 29.7 23.5 24.5	1B 1B 1y 19 th 2 nd 3 rd 5 th 4 th	A Forster A Forster G Bristow C Asztalos J Knoop J Baxter	27.78 11.13 12.0 12.4 16.0 12.2
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault Highjump Longjump Triplejump 8.06 Shot Discus Javelin Hammer	2A 1A 1A 1A 1A 1A 1A 1A 1A 1A 2A 1A 1A 1A 2A 1A 1A 1A 2A 1A 1A 1A 1A 2A 1A	Javelin 1st 16.51 July at Cambridge Tharlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson E Nalson O Morton 2A E Nalson A Forster A Forster C Morris A Forster M Oliver	etgleswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10 1.40 4.72 11.36 27.84 25.46 38.11 14.7	1 B 1 B 2 B 1 B 1 B 1 B 1 B 1 B 1 B 1 B	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons S Rogan V Asztalos 1B O Milwan R Martin R Martin E Nalson R Martin C Davidson	1.20 4.39 d 7.58 23.79 14.65 24.25	100m 400m 1500m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U17 men Senior Men 200m U13 Girls U15 Girls	1A 1A 1A 1A 1A Evening Dev 1 st 1 st 1 st 2 nd 1 st 1 st 1 st 2 nd 1 st 2 nd 1 st 2 nd 1 st	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk C Dear B Kelk L Crabb J Huckle G Bristow L Bass C Dear L Crabb J Huckle L Sammout	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3 11.5 12.1 29.8 27.7 29.7 23.5 24.5 8.51	1B 1B 1y 19 th 2 nd 3 rd 5 th 4 th	A Forster A Forster G Bristow C Asztalos J Knoop J Baxter	27.78 11.13 12.0 12.4 16.0 12.2
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault Highjump Longjump Triplejump 8.06 Shot Discus Javelin Hammer Under 15 girls	Description of the second state of the second	Javelin 1st 16.51 July at Cambridge Total July at Cambridge Total Harlow 80, 4th Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson E Nalson O Morton 2A E Nalson A Forster A Forster C Morris A Forster	14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10 1.40 4.72	1B 1B 2B 1B 1B 1B 1B 2B 1B 2B 1B 2B 1B	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons S Rogan V Asztalos IB O Milwar R Martin E Nalson R Martin C Davidson K Ewers H Cox	14.2 30.3 2.48.4 5.07.6 12.46.9 1.20 4.39 d 7.58 23.79 14.65 24.25	100m 400m 1500m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U17 men Senior Men 200m U13 Girls U15 Girls U15 Girls U17 men Senior Men Senior Men Senior Men Senior Men	1A 1A 1A 1A 1A Evening Dev 1 st 1 st 1 st 2 nd 1 st 1 st 1 st 2 nd 1 st 2 nd 1 st 2 nd 1 st	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk C Dear B Kelk L Crabb J Huckle G Bristow L Bass C Dear L Crabb J Huckle	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3 11.5 12.1 29.8 27.7 29.7 23.5 24.5 8.51 7.88	1B 1B 1y 19 th 2 nd 3 rd 5 th 4 th	A Forster A Forster G Bristow C Asztalos J Knoop J Baxter	27.78 11.13 12.0 12.4 16.0 12.2
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault Highjump Longjump Triplejump 8.06 Shot Discus Javelin Hammer Under 15 girls	League – 1 Orest 106, 3 3A 2A 1A 2A N/S 1A 1A 1A 1A 1A 1A 1A 1A 2A 1A	Javelin 1st 16.51 July at Cambridge Toth July at Cambridge Toth Harlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson E Nalson O Morton 2A E Nalson A Forster A Forster C Morris A Forster M Oliver E Morris J Powell G Bristow	et eleswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10 1.40 4.72 11.36 27.84 25.46 38.11 14.7 14.1 14.5 14.8	1B 1B 2B 1B 1B 1B 1B 1B 2B 1B 2B 1B 2B 1B	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons S Rogan V Asztalos 1B O Milwan R Martin R Martin E Nalson R Martin C Davidson K Ewers	14.2 30.3 2.48.4 5.07.6 12.46.9 1.20 4.39 d 7.58 23.79 14.65 24.25	100m 400m 1500m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U17 men Senior Men 200m U13 Girls U15 Girls U15 Girls U15 Girls U15 Girls U15 Girls U17 men Senior Men Senior Men Shot U15 Girls Senior Men U17 men U15 Girls Senior Men	1A 1A 1A 1A 1A Evening Dev 1 st 1 st 1 st 2 nd 1 st 1 st 1 st 2 nd 1 st 2 nd 1 st 2 nd 1 st	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk C Dear B Kelk L Crabb J Huckle G Bristow L Bass C Dear L Crabb J Huckle L Crabb L Sammout A McGillivray	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3 11.5 12.1 29.8 27.7 29.7 23.5 24.5 8.51	1B 1B 1y 19 th 2 nd 3 rd 5 th 4 th	A Forster A Forster G Bristow C Asztalos J Knoop J Baxter	27.78 11.13 12.0 12.4 16.0 12.2
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault Highjump Longjump Triplejump 8.06 Shot Discus Javelin Hammer Under 15 girls 100m	League – 1 Drest 106, 3 3A 2A 1A 2A 1A 2A N/S 1A 3A 1A 1A 1A 2A 1A	Javelin 1st 16.51 July at Cambridge Toth July at Cambridge Toth Harlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson E Nalson O Morton 2A E Nalson A Forster A Forster C Morris A Forster M Oliver E Morris J Powell G Bristow E Taylor	14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10 1.40 4.72 11.36 27.84 25.46 38.11 14.7 14.1 14.5 14.8 15.0	1B 1B 2B 1B 1B 1B 1B 2B 1B 2B 1B 2B 1B 2B 1B N/S N/S	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons S Rogan V Asztalos 1B O Milwan R Martin R Martin E Nalson R Martin C Davidson K Ewers H Cox A Midgley	14.2 30.3 2.48.4 5.07.6 12.46.9 1.20 4.39 d 7.58 23.79 14.65 24.25 14.4 14.2 14.6 15.2	100m 400m 1500m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U17 men Senior Men 200m U13 Girls U15 Girls U15 Girls U15 Girls U15 Girls U17 men Senior Men 200m U13 Girls U15 Girls U15 Girls U17 men Senior Men Senior Men Senior Men U17 men U15 Girls Senior Men U17 men U15 Goys Longjump	1A 1A 1A 1A 1A Evening Dev 1 st 1 st 1 st 2 nd 1 st 1 st 1 st 2 nd 1 st 2 nd 1 st 2 nd 1 st	G Coe K Motley A Forster C Asztalos L Bass B Kelk C Dear B Kelk L Crabb J Huckle G Bristow L Bass C Dear L Crabb J Huckle L Sammout A McGillivray L Crabb J McGillivray	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3 11.5 12.1 29.8 27.7 29.7 23.5 24.5 8.51 7.88 6.97 7.33	1B 1B 1y 19 th 2 nd 3 rd 5 th 4 th	A Forster A Forster G Bristow C Asztalos J Knoop J Baxter	27.78 11.13 12.0 12.4 16.0 12.2
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault Highjump Longjump Triplejump 8.06 Shot Discus Javelin Hammer Under 15 girls	League – 1 Drest 106, 3 3A 2A 1A 2A N/S 1A	Javelin 1st 16.51 July at Cambridge Tharlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson E Nalson O Morton 2A E Nalson A Forster A Forster C Morris A Forster M Oliver E Morris J Powell G Bristow E Taylor L Bass	etgleswade 6 14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10 1.40 4.72 11.36 27.84 25.46 38.11 14.7 14.1 14.5 14.8 15.0 28.2	1B 1B 2B 1B 1B 1B 1B 2B 1B 2B 1B 2B 1B 2B 1B 2B 1B 2B N/S N/S N/S N/S 2B	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons S Rogan V Asztalos 1B O Milwan R Martin E Nalson R Martin C Davidson K Ewers H Cox A Midgley E Morris	14.2 30.3 2.48.4 5.07.6 12.46.9 1.20 4.39 d 7.58 23.79 14.65 24.25 14.4 14.2 14.6 15.2	100m 400m 1500m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U17 men Senior Men 200m U13 Girls U15 Girls U15 Girls U15 Girls U17 men Senior Men 200m U13 Girls U15 Girls U15 Girls U15 Boys U17 men Senior Men 200m U13 Girls U15 Girls U15 Girls U15 Girls U15 Girls Senior Men U17 men U15 Boys Longjump U15 Girls	1A 1A 1A 1A 1A Evening Dev 1 st 1 st 1 st 2 nd 1 st 1 st 1 st 2 nd 1 st 2 nd 1 st 2 nd 1 st	G Coe K Motley A Forster relopment meeting — C Asztalos L Bass B Kelk C Dear B Kelk L Crabb J Huckle G Bristow L Bass C Dear L Crabb J Huckle L Sammout A McGillivray L Crabb J McGillivray L Sammout	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3 11.5 12.1 29.8 27.7 29.7 29.7 23.5 24.5 8.51 7.88 6.97	1B 1B 1y 19 th 2 nd 3 rd 5 th 4 th	A Forster A Forster G Bristow C Asztalos J Knoop J Baxter	27.78 11.13 12.0 12.4 16.0 12.2
1st C&C 182, 2nd Fo Seniors 100m 200m 800m 1500m 3000m 3000m 300m hurdles 80m hurdles U17 4 x 100 relay 4 x 400 relay Polevault Highjump Longjump Triplejump 8.06 Shot Discus Javelin Hammer Under 15 girls 100m	League – 1 Drest 106, 3 3A 2A 1A 2A 1A 2A N/S 1A 3A 1A 1A 1A 2A 1A	Javelin 1st 16.51 July at Cambridge Toth July at Cambridge Toth Harlow 80, 4st Bigg O Milward S Rogan H Arbuckle E Kreetzer H Belbin J Herron V Asztalos V Asztalos E Nalson E Nalson O Morton 2A E Nalson A Forster A Forster C Morris A Forster M Oliver E Morris J Powell G Bristow E Taylor	14.8 29.6 2.21.8 5.06.7 12.17.1 3.18.8 51.3 15.8 55.0 4.40.6 2.10 1.40 4.72 11.36 27.84 25.46 38.11 14.7 14.1 14.5 14.8 15.0	1B 1B 2B 1B 1B 1B 1B 2B 1B 2B 1B 2B 1B 2B 1B N/S N/S	S Rogan E Bicknell E Bicknell B Burbridge C Gibbons S Rogan V Asztalos 1B O Milwan R Martin R Martin E Nalson R Martin C Davidson K Ewers H Cox A Midgley	14.2 30.3 2.48.4 5.07.6 12.46.9 1.20 4.39 d 7.58 23.79 14.65 24.25 14.4 14.2 14.6 15.2	100m 400m 1500m 1500m 100 Hdls Hammer Discus Shot Cambridgeshire Hurdles U13 Girls U15 Girls U15 Boys 100m U13 Boys U17 men Senior Men 200m U13 Girls U15 Girls U15 Girls U15 Girls U15 Girls U17 men Senior Men 200m U13 Girls U15 Girls U15 Girls U17 men Senior Men Senior Men Senior Men U17 men U15 Girls Senior Men U17 men U15 Goys Longjump	1A 1A 1A 1A 1A Evening Dev 1 st 1 st 1 st 2 nd 1 st 1 st 1 st 2 nd 1 st 2 nd 1 st 2 nd 1 st	G Coe K Motley A Forster C Asztalos L Bass B Kelk C Dear B Kelk L Crabb J Huckle G Bristow L Bass C Dear L Crabb J Huckle L Sammout A McGillivray L Crabb J McGillivray	15.4 35.19 St Ives – Ju 11.4 11.8 12.4 14.5 13.3 11.5 12.1 29.8 27.7 29.7 23.5 24.5 8.51 7.88 6.97 7.33	1B 1B 1y 19 th 2 nd 3 rd 5 th 4 th	A Forster A Forster G Bristow C Asztalos J Knoop J Baxter	27.78 11.13 12.0 12.4 16.0 12.2

U13Boys Polevault		O Bass	3.78		J Knoop	3.60	800m 1500m		2A 3A	O Bass C Abbott	2.30.0 6.02.1	2B 2B	S Howart R Harvey		2.46.7 6.03.2
Senior Men Under 11's		J Brennand		2.40			75m Huro	lles	1A N/S	S Howarth C McLaughlin	14.2 17.6	3B	C Ennis		17.9
Katrina Bass	150m_	25.3		Turbojav	elin 9.38m		Highjump		2A	C Ennis	1.05	2B	J Vane		1.00
Southern Mens Lea	ague at Re	ading on 22 nd July 7, 3 rd Thurrock 107, 4 th	Duo olem old	101 5th C	2-C 02		Longjump Shot Putt)	3A 1A	C Ennis O Bass	4.04 7.34	4B 1B	A Ette J Lines		3.50 6.66
100m	2A	T Tomu	11.4	2B	J Godden	11.7	Shot Futt		N/S	C McLaughlin	5.09	1D	J Lines		0.00
200m	2A	T Tomu	22.8	1B	J Godden	24.1	Discus		2A	R Backhurst	13.29	3B	C Abbott		8.13
400m	4A	T Kelk	54.9	2B	J Black	54.8	4 400		N/S	S Howarth	13.49				
800m 1500m	3A 4A	D Potts M Bell	2.03.8 4.24.1	2B 4B	M Bell W Mycroft	2.04.2 4.26.5	4 x 100 re	elay Women (4	1A		58.3				
5000m	5A	S Fishwick	4.24.1	16.29.9	2B J Kazer	4.20.3	100m	Wollieli (4	3A	S Rogon	13.9				
16.49.1	371	5 Tishwick		10.27.7	2D TRAZEI		200m		3A	S Rogon	29.4	1B	E Bicknel	11	29.7
3000S/C	4A	S Fishwick		10.32.3	3B J Kazer		300m		3A	S Rogon	47.6	1B	E Bicknel	1	46.9
10.38.4 110 hdls	5A	J Huddlestone	19.7	4B	T Brennand	20.7	1500m Under 15	Cirla (2nd)	1A	G Coe	4.47.4				
400hdls	4A	J Huddlestone	61.8	2B	T Brennand	69.0	100m	Ollis (2)	4A	M Oliver	14.1	4B	C Davids	on	14.3
Highjump	4A	J Huckle	1.55	4B	J Godden	1.50	200m		3A	A Hay	28.5	2B	M Oliver		30.2
Longjump	5A	J Huckle	5.12	5B	J Brennand		300m		1A	A Hay	45.2	3B	R Trotter		51.9
5.01	5A	LUmalda	12.02	4B	I Duamand		800m	3.15.4	3A	R Carter	3.10.4	3B	N Richard	ds	
Triplejp 10.51	JA	J Huckle	12.02	4D	J Brennand		75m Hdls		1A	C Davidson	12.6	2B	I Gallucci		15.2
Polevault	Abandon	ed – points shared (6)					Highjump)	2A	I Gallucci	1.35	2B	C Davids		1.25
Shot	3A	G Parsons	11.68	5B	A MacGillivray	7.35	Longjum)	4A	L Sammout	4.31	1B	I Gallucci		4.10
Discus Javelin	1A 4A	G Parsons G Parsons	39.44 34.09	5B 5B	A MacGillivray J Huddlestone	20.39 27.08	Shot	7.57	2A	L sammout		8.22	1B	H Sayer	
Hammer	4A 3A	G Parsons	39.02	3Б 4В	A MacGillivray	19.63		1.31	N/S	R Trotter	5.29				
4 x 100	1A	Tomu, Godden, Hucl	kle, Kelk		111/140 0111/14	45.3	Discus		2A	L Sammout	24.60	2B	H Sayer		17.45
4 x 400	4A	Kelk, Black, Potts, T	`omu			3.36.1	Javelin		1A	L May	23.49	5B	R Carter		9.37
BMC meeting - W 800m Men	2 nd	E Aston	1.49.1				4 x 100 Under 13	Cirle (2nd)	4A		59.5				
800m Womens B ra		G Coe	2.15.24				100m	Ollis (2)	3A	G Bristow	14.5	3B	M George	•	15.6
800m Open Race		N Beer	2.00.9		H Arbuckle	2.14.9	10011		N/S	M Turner	15.7	32	iii George		13.0
Eastern Young Atl	nletes Leag	ue – Sandy – July 30 th bans 575½, 2 nd C&C 5	h 		the second	.th	200m		2A	G Bristow	30.8	3B	M George		33.7
Overall match result	t – 1 st St All	bans 575½, 2 nd C&C 5	34, 3 ¹⁴ Wa	tford 486½	, 4 th Huntingdon 386, 5	uii	800m 1500m		2A	J Richards M George	3.05.8 6.47.9	3B 3B	A Cantrill J Kent		3.15.0 7.57.5
Biggleswade 180, 6 th Under 17 men (4 th)	Ryston 17	0					70m Hdls		4A 1A	G Bristow	12.0	3B 1B	J Rent J Richard	\$	13.5
100m	2A	L Crabb	11.5				Highjump		2A	J Richards	1.20	1.0	3 Telenard	J	13.3
200m	2A	L Crabb	23.9				Longjum)	3A	J Kent	3.42	1B	A Crabb		3.19
800m	3A	A Howarth	2.24.4	1 D	T Tamaianan	4.41.0	Shot		N/S	M Turner	3.40	2D	M.T		4.02
1500m Triplejump	1A	W Mycroft 3A L Tucker	4.32.9	1B 11.39	J Jamieson 3B W Mycrof	4.41.9 ft	Discus		3A 4A	J Richards A Crabb	5.56 10.93	2B 3B	M Turner A Cantril		4.92 9.23
9.48		571 E Tucker		11.57	3D Whyeron		4 x 100		2A	71 Clubb	60.6	32	71 Cuntin	•	7.23
Shot	4A	J Jamieson	7.25	2.0	****	10.05	<u> </u>			no a de cond					
Discus Javelin	3A 4A	A Howarth J Jamieson	18.84 15.60	2B	W Mycroft	10.85	<u>Eastern</u> Men – 4 ^t		eague at B	edford – August 2 nd					
4 x 100	2A	J Janneson	50.1				200m	M40	4 th	D Bowker 35.2		M50	4 th	N Burch	35.5
Under 15 Boys (2 nd))											M60	$\frac{2^{\text{nd}}}{3^{\text{rd}}}$	N Moss	31.8
100m	2A	O Webber	12.7	2B	N Masin-Hanneghan		800m	M40	2 nd	D Bowker 2.27.0		M50	3 rd	N Burch	3.28.2
200m 400m	2A 1A	O Webber T Higton	26.0 61.6	2B	J Baslington	29.2	3000m Mile walk	M40	4th 3 rd	M Chaplin 11.08.7 D Bowker 10.11.6		M50	3^{rd}	P Howard	10.51.7
800m	3A	N Masin-Hanneghan					Polevault		- -	D DOWNET 10.11.0		M50	2 nd 4 th	N Moss	2.20
1500m	1A	J Baslington	4.43.0	1B	N Burch	5.03.1	Triplej'p	M40	-			M50	4 th	N Burch	5.16
80m Hurdles	1A	T Higton	12.7	an.	2724 1 77 1	1.10	ъ:	7.540	4th	D.D. 1. 10.51		M60	1 st	N Moss	7.33
Highjump Longjump	1A 4A	T Higton O Webber	1.55 4.52	2B	N Masin-Hanneghan	1.10	Discus	M40	4 th	D Bowker 13.54		M50 M60	2 nd 4 th	P Bramfor N Moss	
Shot	1A	M Lawrence	10.77	1B	J M3acGillivray	7.38	Javelin	M40	4 th	D Bowker 20.50		M50	2^{nd}	P Bramfor	
Discus	3A	J MacGillivray	21.55		·		Women -	4 th 39 pts							
Javel;in	1A	S Bicknell	25.62	2B	J MacGillivray	16.38	200m	W35	_	2.50.0		W45	4 th	M Holme	s 39.7
4 x 100 Under 13 Boys (=2 ⁿ	1A		52.4				800m	W35	3 rd	J Herron 2.50.8		W45 W55	1 st	S Barnett	3 12 3
100m	6A	D Ebanks	14.9	1B	C McLaughlin	15.4	3000m	W35	_			W33 W45	1 st	S Barnett	
	N/S	J Lines	15.3				Triplej'p	W35	-			W45	$3^{\rm rd}$	M Homes	6.05
200m	5A	D Ebanks	33.0	3B	J Vane	31.8	Discus	W35	-			W45	1 st	C Morris	18.46

					- et									
Javelin W35	-			W45 W55	1^{st} 1^{st}	C Morris		200m	4A	D Ebanks	31.0	2B	A Tapley	30.4
Southorn Mone L	oomio of He	nrow on 5 th August		W 55	1	M Holme	es 14.03	800m 1500m	1A 2A	O Bass S Kennard	2.29.3 5.30.8	1B	A Tapley	2.50.4
1st Channal Islan	148 2 nd Inc	swich 107, 3 rd C&C 10	02.5. 4 th Har	row 07 5	th Aldershot	71.5		Longjump	2A 2A	D Ebanks	1.30.6 1.22			
100m	4A	J Brennand	72.5, 4 Hai	13.0	4B	M Bell		Highjump	3A	S Howarth	4.22 1.20			
12.9	77.1	3 Diciniana		13.0	7.0	W Bell		Shot	3A	O Bass	6.36			
200m	5A	J Huddlestone	26.1	4B	J Brenna	and		Javelin	2A	S Howarth	25.49			
28.0								Ladies $-4^{th}-52$	ot (1st Chel	msford 168)				
400m	5A	J Morley	62.1	4B	D Potts		56.1	100m	3A	K Motley	13.4	3B	L Hodge	15.0
800m	4A	D Potts	2.00.7	3B	J Morley		2.05.9	200m	3A	E Bicknell	28.9			
1500m	4A	M Bell	4.23.1	3B	W Mycr	oft	4.26.9	300m	3A	E Bicknell	45.7	3B	L Hodge	48.8
5000m	1A	W George	15.44.3	2B	J Kazer		17.26.3	100m hdls	1A	K Motley	16.1			
3000S/C	2A	W George	10.30.7	2B	J Kazer		11.58.8	Triplejump		3A K Motley		9.59		
110 hdls	3A	J Huddlestone	19.5	2B	T Brenn		20.0	Discus	4A	C Morris	18.11	2D	T TT 1	15.07
400hdls	4A	J Huddlestone	61.8	3B 3B	T Brenn		69.3 1.50	Javelin	2A	C Morris	27.38	3B	L Hodge	15.37
Highjump	=4A 4A	J Huddlestone J Brennand	1.50	5.54	T Brenn 4B	and T Brenna		Under 15 girls – 2 100m	6A	M Oliver	14.0	4B	H Cox	14.3
Longjump 5.25	4/1	J Dieilianu		3.34	40	1 Dieilia	IIU	200m	6A	J Corbett	29.9	5B	H Cox	30.6
Triplejp	4A	J Brennand		11.57	4B	T Brenna	nd	200111	N/S	M Oliver	29.5	JD	11 COX	30.0
10.87		3 Diciniana		11.57	i.D	1 Dreima	110	800m	1A	E Kier	2.30.1	2B	Z Kier	2.45.7
Polevault	5A	N Moss	2.40	1B	J Brenna	and		1500m	2A	J Corbett	5.51.5	-20	2 11101	2.1017
2.40								Hurdles	4A	R Trotter	15.1	3B	I Gallucci	14.9
Shot	1A	G Parsons	12.02	3B	P Bramf	ord	8.42	Longjump	2A	L Sammout	4.71	5B	I Gallucci	4.02
Discus	1 A	G Parsons	39.35	2B	P Bramf		26.61	Highjump	3A	Z Kier	1.40	3B	I Gallucci	1.35
Javelin	5A	G Parsons	39.45	3B	P Bramf		31.41	Shot	1 A	L Sammout	8.77	2B	R Trotter	5.77
Hammer	1A	G Parsons	39.93	2B	P Bramf	ord	23.35	Discus	1A	L Sammout	24.50	3B	E Kier	12.42
4 x 100	4A		49.2					Javelin	3A	Z Kier	13.75	3B	E Kier	10.33
4 x 400	-3A	e 1 . A 4.60	3.41.6					4 x 100	3A	(18t C1 1 C 100)	56.3			
Overall motels reco	gue – Cheir	nsford – August 6th msford 47, 2 nd Ipswich	h 41 2rd C 0	C 22 4th v	West Coff 20	o 5th Danimer	22 6th	Under 13 Girls – 2		(1 st Chelmsford 99)	15.0	4B	S Graham	16.2
Breckland 19	it - 1 Chei	msioru 47, 2 ipswici	1141, 5 C&	C 33, 4	west 3011 25	9, 5 Brainu	ee 22, 0	100m	4A N/S	M George M Oliver	15.0	4D	5 Granam	10.2
Senior Men – 3 rd	130pts (1st Ir	newich 162)						200m	2A	G Bristow	29.7	3B	M George	31.7
100m	4A	J Brennand		12.8	3B	N Moss		200111	N/S	M Turner	32.4	N/S	J Corbett	35.3
15.3	721	3 Diciniana		12.0	313	14 141033		800m	3A	J Corbett	2.57.1	2B	A Cantrill	3.10.0
200m	4A	J Bennand	27.6	4B	M Bell		25.5	000111	N/S	G Bristow	3.07.6	N/S	M Oliver	3.11.4
400m	3A	M Bell	54.9	3B	A Howa	rd	65.4	1500m	1A	I Andrews	5.57.4			
800m	4A	M Bell	2.05.1	4B	A Howa	rd	2.28.4	70m hurdles	1A	G Bristow	12.0	1B	M George	13.6
3000m	4A	A Howard	11.04.9	3B	B Corbe	ett	11.50.0	Highjump	5A	J Corbett	1.00			
110m Hdls	4A	J Brennand		29.1				Longjump	4A	A Crabb	3.79	4B	S Graham	3.21
Highjump	4A	J Brennand		1.00	=2B	N Moss		Shot	6A	S Graham	4.39	3B	A Cantrill	3.79
1.00	4.4	T.D. 1		5.20	20	27.24		Discus	4A	A Crabb	11.00			
Longjump 3.65	4A	J Brennand		5.39	3B	N Moss		Javelin	4A	A Crabb	10.41			
Triplejump		3A J Brenna	and		10.82	2B	N Moss	4 X 100 A A A 1117/1115 ch	4A amnionchii	os – Birmingham – Au	01.4	1		
mpicjump	7.70	JA J DICHIR	and		10.02	20	14 141033	U15 Boys 80m H	ils	J Lines	12.14	5 th ht		
Shot	1A	G Parsons	11.35	2B	A McGi	llivrav	7.70	U17 Women 1500	m	L Dowsett	4.37.49	5 th	(4.36.4 in ht)	
Discus	1A	G Parsons	36.87	2B	A McGi		18.68			G Coe	4.46.70	10 th 5 th 7 th 8 th	(4.42.5 in ht)	
Javelin	3A	G Parsons	34.86	3B	N Moss		22.07	U17 Women Shot		A Forster	10.8	5 th		
	N/S	J Brennand		3NT				U15 Girls 75m ho		L Bass	12.02	$7_{\rm d}^{\rm th}$	(12.01 in ht)	
Hammer	1A	G Parsons	37.38	2B	A McGi	llivray	18.72	U15 Girls Hamme	r	H Sayer	29.66	8 th		
4 x 100	4A	et =	59.4					Southern Women	<u>s League –</u>	August 12th at Peterbo	orough			
Under 17 Men - 3	52 pts (1	st Ipswich 109)	11.6					1 st Peterborough 1	.57, 2 nd Wes	st Suffolk 135, 3 rd VP&7	IH 110, 4°	C&C 88.		
100m	3A	L Crabb	11.6	20	I IZ		27.0	Seniors	2.4	E Distancii	20.0	2D	I II-d	20.7
200m 400m	2A 2A	L Crabb	23.4 59.3	3B 1B	J Kenna: A Howa		27.9 60.1	200m 800m	3A 3A	E Bicknell E Bicknell	29.9 2.57.6	3B	L Hodge	30.7
800m	3A	J Jamieson A Howarth	2.16.6	ID	A Howa	1111	00.1	1500m	3A	J Herron	5.54.8			
1500m	3A 2A	W Mycroft	4.30.7	1B	J Kenna	rd	4.41.4	Shot	3A	R Martin	7.78	3B	L Hodge	5.91
Javelin	3A	J Jamieson	21.12	110	3 Reima	Id	4.41.4	Discus	2A	R Martin	24.58	JD	Lilouge	3.71
Under 15 Boys – 6	$5^{th} - 31 \text{ pts}$	5 Julii050II	21.12					Hammer	1A	R Martin	23.68	2B	C Morris	16.08
100m	5A	M Lawrence	13.7					Javelin	3A	J Herron	15.97	2B	L Hodge	15.18
Shot	1A	M Lawrence	9.77	1B	J MacGi		8.05	Under 15 girls					3 .	
Discus	1A	J MacGillivray	23.77	1B	M Lawre		23.30	100m	3A	A Hay	13.9	3B	H Cox	14.4
Boys under $13 - 3$		1 st Chelmsford 103)							N/S	R White	14.4			
Hurdles	2A	S Howarth	13.7	1B	A Taple	y	17.7	200m	2A	A Hay	28.1	1B	L Bass	28.3
100m	5A	D Ebanks	14.7						N/S	J Corbett	29.5	N/S	H Cox	31.4

	2.0												
800m	2A	J Corbett	2.49.9	3B	E Taylor	2.51.2	200m	4A	C McLaughlin	30.8	2B	D Ebanks	31.0
75m Hurdles	1A	L Bass	12.0	2B	I Gallucci	15.1	800m	5A	S Howarth	2.44.7	4B	C Savill	2.58.9
Longjump	1 A	M Smith	4.74	1B	L Sammout	4.43	1500m	6A	K Dougherty	5.41.4			
	N/S	R White	2.95	N/S	S Tomlin	3.44	Longjump	2A	D Ebanks	4.22	4B	A Ette	3.61
Highiuma		I Gallucci	1.40	2B		1.40		3A	S Howarth	1.25	TD	ALIC	3.01
Highjump	2A				J Corbett		Highjump				475	a	4.05
Shot	2A	L Sammout	8.80	1B	S Tomlin	6.85	Shot	1 A	J Lines	7.39	4B	C McLaughlin	4.95
Discus	1A	L Sammout	25.24	1B	E Currington	14.07	Discus	1 A	J Lines	19.05	3B	K Doherty	12.20
Javelin	3A	M Smith	18.65	1B	I Gallucci	12.87	4 x 100 relay Under 17 Ladies (5 ^t	3A		58.3		•	
4 x 100	2A		56.1	N/S		57.7	Under 17 Ladies (5t	h 32ntente)					
National Inniar I	ongue Co	mbridge 13 th August	Toom Co	mbridge	hiro	37.7	200m	4A	E Bicknell	29.3			
18 T C 1 CO	of old D	don 525, 3 rd Ipswich 4	11 4th D	16 1 2 42		age of th							
1 Team Cambs 60)5, 2 Basil	don 525, 3 lpswich 4	11,4 Bec	110ra 342,	5 London neathside 2	236, 6	300m	2A	E Bicknell	45.7			
Colch & Tendering	g 175						Discus	1 A	A Forster	29.88			
U20 Men							Shot	1A	A Forster	10.94			
100m				2B	R Noray	11.5	Javelin	4A	A Forster	17.61	4B	E Bicknell	13.19
200m	3A	R Noray	23.3	2B	J Godden	23.4	Under 15 Girls (3 rd	114nte)	111 015001	17.01		2 Dicinion	10.17
	1A		1.57.1	20	J Godden	23.4	TIII		I C-11:	140	1 D	7 V:	140
800m	IA	E Aston	1.57.1	45		4.00.0	Hurdles	4A	I Gallucci	14.9	1B	Z Kier	14.0
1500m				1B	M Bell	4.22.8	100m	4A	A Hay	14.3	4B	H Cox	14.9
110m Hdls	1A	J Markley	16.1	1B	J Huddlestone	19.1	200m	2A	A Hay	28.9	3B	H Cox	32.9
400m Hdls		·		2B	J Huddlestone	63.0		N/S	M George	33.3	N/S	E Roberts	36.8
2k S/C	4A	A Howarth	7.07.5				300m	5A	Z Kier	49.4	1B	A Hay	45.8
I an aiumn	7/1	A Howarth	7.07.5	3B	J Abbott-Gribben	5.50	800m	2A	E Kier	2.33.4	2B	A Carter	2.59.4
Longjump						5.52	800m				2 B	A Carter	2.59.4
4 x 100 relay	2A	Noray, Abbott-Grib	ben, Godde	en, Zicchi (l	HAC)	44.5		N/S	K Waite	3.08.2			
Under 20 Women							Longjump	2A	L Sammout	4.42	1B	I Gallucci	3.91
400m	1 A	L Dowsett	58.2				Highjump	3A	Z Kier	1.45	1B	I Gallucci	1.35
1500m	2A	R Burbridge	5.03.1	1B	C Arkell	5.23.7	Shot	2A	L Sammout	8.71	4B	H Cox	5.55
100m Hdls	1A	K Motley	15.8	1D	Chiken	3.23.7	Discus	2A	L Sammout	22.22	3B	E Kier	16.12
	IA	K Money	13.6	170		10.00					JD 1D	E KICI	
Shot				1B	A Forster	10.89	Javelin	2A	L May	26.09	1B	E Woodroffe	25.64
Discus				1B	A Forster	29.18	Relay	5A		57.3			
Hammer				1B	A Forster 34.96		Under 13 Girls (5 th	- 64pts)					
4 x 100	3Δ	Forster, Motley, We	eaver (PAC	Gibson (I	PAC)	53.4	Hurdles	1A	G Bristow	11.9	1B	M George	13.9
4 x 400	3A 1A	Dowsett, Weaver (F	AC) Gibe	$\mathcal{D}(\mathbf{D}(\mathbf{A}, \mathbf{C}))$	mith (AC)	4.19.2	Turdies	N/S	M Turner	14.9	10	W George	13.7
4 X 400	1A	Dowsell, Weaver (F	h AC), GIUSC	JII (FAC), S	Silliui (AC)	4.19.2	100	11/3		14.9	CD.	MC	15.1
Eastern Young At	netes leagu	e at Thurrock on 19 th	August	th	th	th.	100m	6A	J Powell	14.5	6B	M George	15.1
Match result – 1 st l	Havering 72	27, 2 nd Basildon 517.5,	.3 ¹⁴ C&C 5	02, 4 th Hert	ts Phoenix 436, 5 th Ilfo	ord 432.5. 6 th		N/S	M Turner	16.0			
Thurrock 278							200m	6A	J Powell	31.8	3B	G Bristow	30.3
Thurrock 278 Under 17 men (3 rd	110pts)							6A					
Under 17 men (3 rd	110pts)	C Morter					800m	6A DNF	J Powell	31.8	5B	S Rawe	3.21.1
Under 17 men (3 rd 100m	2A	C Morter	11.8	2B	J Baxter	12.2	800m Longjump	6A DNF 5A	J Powell M Turner	31.8 3.54	5B 5B	S Rawe J Kent	3.21.1 2.97
Under 17 men (3 rd 100m 200m	2A 5A	J Baxter	11.8 25.5	2B	J Baxter	12.2	800m Longjump Highjump	6A DNF 5A 5A	J Powell M Turner S Rawe	31.8 3.54 1.15	5B 5B 4B	S Rawe J Kent J Kent	3.21.1 2.97 1.05
Under 17 men (3 rd 100m 200m 400m	2A 5A	J Baxter T Kelk	11.8 25.5 55.4				800m Longjump Highjump Shot	6A DNF 5A 5A	J Powell M Turner S Rawe J Kent	31.8 3.54 1.15 5.57	5B 5B 4B 3B	S Rawe J Kent J Kent E Roberts	3.21.1 2.97 1.05 5.37
Under 17 men (3 rd 100m 200m	2A 5A 2A 3A	J Baxter	11.8 25.5	2B	J Baxter	12.2	800m Longjump Highjump Shot Discus	6A DNF 5A 5A	J Powell M Turner S Rawe	31.8 3.54 1.15 5.57 16.43	5B 5B 4B	S Rawe J Kent J Kent	3.21.1 2.97 1.05
Under 17 men (3 rd 100m 200m 400m 800m	2A 5A 2A 3A	J Baxter T Kelk A Howarth	11.8 25.5 55.4 2.18.0	2B 4B	J Baxter A Howarth	12.2 63.4	800m Longjump Highjump Shot Discus	6A DNF 5A 5A 5A 2A	J Powell M Turner S Rawe J Kent	31.8 3.54 1.15 5.57 16.43	5B 5B 4B 3B	S Rawe J Kent J Kent E Roberts	3.21.1 2.97 1.05 5.37
Under 17 men (3 rd 100m 200m 400m 800m 1500m	2A 5A 2A 3A 2A	J Baxter T Kelk A Howarth W Mycroft	11.8 25.5 55.4 2.18.0 4.27.6	2B	J Baxter	12.2	800m Longjump Highjump Shot Discus 4 x 100	6A DNF 5A 5A 5A 2A 5A	J Powell M Turner S Rawe J Kent J Powell	31.8 3.54 1.15 5.57 16.43 59.5	5B 5B 4B 3B	S Rawe J Kent J Kent E Roberts	3.21.1 2.97 1.05 5.37
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles	2A 5A 2A 3A 2A 3A	J Baxter T Kelk A Howarth W Mycroft A Howarth	11.8 25.5 55.4 2.18.0 4.27.6 20.9	2B 4B	J Baxter A Howarth	12.2 63.4	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A	6A DNF 5A 5A 5A 2A 5A ugust 23 rd	J Powell M Turner S Rawe J Kent J Powell	31.8 3.54 1.15 5.57 16.43 59.5	5B 5B 4B 3B 2B	S Rawe J Kent J Kent E Roberts E Roberts	3.21.1 2.97 1.05 5.37 12.49
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump	2A 5A 2A 3A 2A 3A 3A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35	2B 4B 1B	J Baxter A Howarth J Jamieson	12.2 63.4 4.45.0	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women	6A DNF 5A 5A 5A 2A 5A ugust 23 rd	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clai	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51	5B 5B 4B 3B 2B	S Rawe J Kent J Kent E Roberts	3.21.1 2.97 1.05 5.37
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump	2A 5A 2A 3A 2A 3A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71	2B 4B 1B	J Baxter A Howarth J Jamieson L Tucker	12.2 63.4 4.45.0 5.25	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U	6A DNF 5A 5A 5A 2A 5A ugust 23rd 5 th 20 Intercou	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51	5B 5B 4B 3B 2B	S Rawe J Kent J Kent E Roberts E Roberts	3.21.1 2.97 1.05 5.37 12.49
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump	2A 5A 2A 3A 2A 3A 3A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71	2B 4B 1B	J Baxter A Howarth J Jamieson L Tucker	12.2 63.4 4.45.0 5.25	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women	6A DNF 5A 5A 5A 2A 5A ugust 23rd 5 th 20 Intercot	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51	5B 5B 4B 3B 2B	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) tt 2.13.17	3.21.1 2.97 1.05 5.37 12.49 2.10.04
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump	2A 5A 2A 3A 2A 3A 3A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71	2B 4B 1B	J Baxter A Howarth J Jamieson L Tucker	12.2 63.4 4.45.0 5.25	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U	6A DNF 5A 5A 5A 2A 5A ugust 23rd 5 th 20 Intercot	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51	5B 5B 4B 3B 2B	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) tt 2.13.17	3.21.1 2.97 1.05 5.37 12.49 2.10.04
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17	2A 5A 2A 3A 2A 3A 3A 1A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71	2B 4B 1B 2B 11.21	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr	12.2 63.4 4.45.0 5.25	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women	6A DNF 5A 5A 5A 2A 5A ugust 23 rd 5 ^m 20 Interco 800m 100m Hu	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51	5B 5B 4B 3B 2B 16th L Dowse K Motley	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17	3.21.1 2.97 1.05 5.37 12.49
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17	2A 5A 2A 3A 2A 3A 1A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71	2B 4B 1B 2B 11.21 2B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson	12.2 63.4 4.45.0 5.25 roft 6.91	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U	6A DNF 5A 5A 5A 2A 5A ugust 23rd 5 ^m 20 Interco 800m 100m Hu 80m Hur	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1st urdles 5 th dles 7 th	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51	5B 5B 5B 4B 3B 2B 2B L Dowse K Motley J Lines	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) tt 2.13.17 y 15.99 (1 12.14	3.21.1 2.97 1.05 5.37 12.49 2.10.04
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus	2A 5A 2A 3A 2A 3A 1A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r	2B 4B 1B 2B 11.21 2B 3B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker	12.2 63.4 4.45.0 5.25 roft 6.91 17.32	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women	6A DNF 5A 5A 5A 2A 5A 2B ugust 23 rd 5 th 20 Intercot 800m 100m Hu 80m Hur 1500m	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1 st urdles 5 th dles 7 th 14 th	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51	5B 5B 4B 3B 2B 16th L Dowse K Motley	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) tt 2.13.17 y 15.99 (1 12.14	3.21.1 2.97 1.05 5.37 12.49 2.10.04
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin	2A 5A 2A 3A 2A 3A 1A 3A 4A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40	2B 4B 1B 2B 11.21 2B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson	12.2 63.4 4.45.0 5.25 roft 6.91	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu	6A DNF 5A 5A 5A 2A 5A 20 20 Intercot 800m 100m Hu 80m Hur 1500m — Merks	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1 st urdles 5 th dles 7 th 14 th em – August 26 th	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51	5B 5B 5B 4B 3B 2B 16th L Dowse K Motley J Lines J Basling	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 y 15.99 (1 12.14 gton 4.39.3	3.21.1 2.97 1.05 5.37 12.49 2.10.04
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 4A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r	2B 4B 1B 2B 11.21 2B 3B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker	12.2 63.4 4.45.0 5.25 roft 6.91 17.32	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men	6A DNF 5A 5A 5A 2A 5A 2B 2O Intercou 800m 100m Hu 80m Hur 1500m 100m Merks:	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match — Eton 1 st urdles 5 th dles 7 th 14 th em – August 26 th 5 th	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2	5B 5B 5B 4B 3B 2B 2B L Dowse K Motley J Lines J Basling	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 y 15.99 (1 12.14 4.39.3	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht)
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 4A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40	2B 4B 1B 2B 11.21 2B 3B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker	12.2 63.4 4.45.0 5.25 roft 6.91 17.32	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men	6A DNF 5A 5A 5A 2A 5A 2B 2O Intercou 800m 100m Hu 80m Hur 1500m 100m Merks:	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match — Eton 1 st urdles 5 th dles 7 th 14 th em – August 26 th 5 th	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2	5B 5B 5B 4B 3B 2B 2B L Dowse K Motley J Lines J Basling	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 y 15.99 (1 12.14 4.39.3	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht)
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd	2A 5A 2A 3A 2A 3A 1A 3A 1A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 T 9.18 19.21 36.40 49.1	2B 4B 1B 2B 11.21 2B 3B 2B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men	6A DNF 5A 5A 5A 2A 5A 2B 2O Intercou 800m 100m Hu 80m Hur 1500m 100m Merks:	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match — Eton 1 st urdles 5 th dles 7 th 14 th em – August 26 th 5 th	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2	5B 5B 5B 4B 3B 2B 2B L Dowse K Motley J Lines J Basling	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 y 15.99 (1 12.14 4.39.3	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht)
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 4A 3A 199pts) 2A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40 49.1 14.0	2B 4B 1B 2B 11.21 2B 3B 2B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Le 1st Team Cambridge	6A DNF 5A 5A 5A 5A 2A 5 ^m 5 ^m 20 Intercot 800m 100m Hu 1500m m – Merks 800m espire 477 ,	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1st ardles 5 th dles 7 th 14 th em – August 26 th 5 th notion match – Eton 2 nd Harrow 452, 3 rd I	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2	5B 5B 5B 3B 2B 2B Losse K Motley J Lines J Basling E Aston 1433, 4 th M	S Rawe J Kent J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 ty 15.99 (1 12.14 4.39.3 1.50.1 Cambridgeshire fedway & Maidstone 4	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht)
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 199pts) 2A 2A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40 49.1 14.0 12.7	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Lot 1st Team Cambridg Basildon 399, 6th Ast	6A DNF 5A 5A 5A 5A 2A 5 ^m 5 ^m 20 Intercot 800m 100m Hu 1500m m – Merks 800m espire 477 ,	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match — Eton 1 st urdles 5 th dles 7 th 14 th em – August 26 th 5 th	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2	5B 5B 5B 3B 2B 2B Losse K Motley J Lines J Basling E Aston 1433, 4 th M	S Rawe J Kent J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 ty 15.99 (1 12.14 4.39.3 1.50.1 Cambridgeshire fedway & Maidstone 4	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht)
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 199pts) 2A 2A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter T Higton O Webber O Webber	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40 49.1 14.0 12.7 26.4	2B 4B 1B 2B 11.21 2B 3B 2B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Le 1st Team Cambridg Basildon 399, 6th Au U20 Men	6A DNF 5A 5A 5A 5A 2A 5 ^m 5 ^m 20 Intercot 800m 100m Hu 1500m m – Merks 800m espire 477 ,	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1st ardles 5 th dles 7 th 14 th em – August 26 th 5 th notion match – Eton 2 nd Harrow 452, 3 rd I	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2	5B 5B 5B 4B 3B 2B 1 ^{6th} L Dowse K Motley J Lines J Basling E Aston 1433, 4 th M 8 th Aylesb	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 y 15.99 (1 12.14 gton 4.39.3 1.50.1 Cambridgeshire Idedway & Maidstone 4 ury 192	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht)
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m 400m	2A 5A 2A 3A 2A 3A 1A 3A 1A 3A 4A 3A 4A 3A 2A 2A 2A 2A 2A 3A 4A 3A 4A 3A 4A 3A 4A 4A 3A 4A 4A 3A 4A 4A 4A 4A 4A 4A 4A 4A 4A 4A 4A 4A 4A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40 49.1 14.0 12.7 26.4 61.3	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B 3B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones M Lawrence	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61 12.5 12.4 28.7	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Le 1st Team Cambridg Basildon 399, 6th Ai U20 Men 100m	6A DNF 5A 5A 5A 5A 2A 5 ^m 5 ^m 20 Intercot 800m 100m Hu 1500m m – Merks 800m espire 477 ,	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1st ardles 5 th dles 7 th 14 th em – August 26 th 5 th notion match – Eton 2 nd Harrow 452, 3 rd I	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2	5B 5B 5B 3B 2B 2B 16th L Dowse K Motley J Lines J Basling E Aston Ist- Team 1433, 4th Aylesb	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) tt 2.13.17 y 15.99 (1 12.14 gton 4.39.3 1.50.1 Cambridgeshire fedway & Maidstone 4 ury 192 R Noray	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht)
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m 400m 1500m	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 199pts) 2A 2A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter T Higton O Webber O Webber	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40 49.1 14.0 12.7 26.4	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Le 1st Team Cambridg Basildon 399, 6th Au U20 Men	6A DNF 5A 5A 5A 5A 2A 5 ^m 5 ^m 20 Intercot 800m 100m Hu 1500m m – Merks 800m espire 477 ,	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1st ardles 5 th dles 7 th 14 th em – August 26 th 5 th notion match – Eton 2 nd Harrow 452, 3 rd I	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2	5B 5B 5B 3B 2B 2B 16th L Dowse K Motley J Lines J Basling E Aston Ist—Team 1433, 4 th M 8 th Aylesb	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 y 15.99 (1 12.14 gton 4.39.3 1.50.1 Cambridgeshire Idedway & Maidstone 4 ury 192	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht)
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m 400m 1500m	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 1 99pts) 2A 2A 2A 6A 4A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter T Higton O Webber T Higton J Baslington	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40 49.1 14.0 12.7 26.4 61.3 4.48.0	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B 3B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones M Lawrence	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61 12.5 12.4 28.7	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Lo 1st Team Cambridg Basildon 399, 6th Ai U20 Men 100m 200m	6A DNF 5A 5A 5A 5A 2A 5 ^m 5 ^m 20 Intercot 800m 100m Hu 1500m m – Merks 800m espire 477 ,	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1st ardles 5 th dles 7 th 14 th em – August 26 th 5 th notion match – Eton 2 nd Harrow 452, 3 rd I	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2	5B 5B 5B 3B 2B 2B 16th L Dowse K Motley J Lines J Basling E Aston 1433, 4th M 8th Aylesb	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 y 15.99 (1 12.14 gton 4.39.3 1.50.1 Cambridgeshire Medway & Maidstone a ury 192 R Noray J Godden	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht)
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m 400m 1500m	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 4A 2A 2A 2A 2A 2A 3A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter T Higton O Webber O Webber T Higton J Baslington O Webber	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40 49.1 14.0 12.7 26.4 61.3 4.48.0 5.02	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B 3B 2B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones M Lawrence N Burch	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61 12.5 12.4 28.7 4.57.0	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Lot 1st Team Cambridg Basildon 399, 6th Ai U20 Men 100m 200m 400m	6A DNF 5A 5A 5A 2A 5A 2A 5 ^m 20 Intercot 800m 100m Hu 1500m m – Merks 800m eague Pron eashire 477, shford/Invice	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1st dles 7 th dles 7 th em – August 26 th 5 th potion match – Eton 2 nd Harrow 452, 3 rd I eta 356, 7 th Brighton of	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2 - 27 th Augu Bournemouth & Hove 261,	5B 5B 5B 3B 2B 2B 16th L Dowse K Motley J Lines J Basling E Aston Ist- Team 1433, 4th Aylesb	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) tt 2.13.17 y 15.99 (1 12.14 gton 4.39.3 1.50.1 Cambridgeshire fedway & Maidstone 4 ury 192 R Noray	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht)
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m 400m 1500m Longjump Highjump	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 199pts) 2A 2A 6A 4A 3A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter T Higton O Webber T Higton J Baslington O Webber R James	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40 49.1 14.0 12.7 26.4 61.3 4.48.0 5.02 1.60	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B 3B 2B 2B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones M Lawrence N Burch T Higton	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61 12.5 12.4 28.7 4.57.0	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Lo 1st Team Cambridg Basildon 399, 6th Au U20 Men 100m 200m 400m 800m	6A DNF 5A 5A 5A 2A 5A 2A 5W 20 Intercot 800m 100m Hu 80m Hu 1500m m – Merks 800m eague Pron eashire 477, shford/Invice	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1st dles 7 th dles 7 th em – August 26 th 5 th notion match – Eton 2 nd Harrow 452, 3 rd I eta 356, 7 th Brighton of	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2 - 27 th Augus Bournemouth & Hove 261,	5B 5B 5B 3B 2B 2B 16th L Dowse K Motley J Lines J Basling E Aston 1433, 4th M 8th Aylesb	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 y 15.99 (1 12.14 gton 4.39.3 1.50.1 Cambridgeshire Medway & Maidstone a ury 192 R Noray J Godden	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht)
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m 400m 1500m Longjump Highjump Shot	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 4A 2A 2A 2A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter T Higton O Webber T Higton J Baslington O Webber R James M Lawrence	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40 49.1 14.0 12.7 26.4 61.3 4.48.0 5.02 1.60 10.85	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B 3B 2B 2B 2B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones M Lawrence N Burch T Higton J McGillivray	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61 12.5 12.4 28.7 4.57.0 1.45 7.75	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Le 1st Team Cambridg Basildon 399, 6th A U20 Men 100m 200m 400m 800m 110m Hdls	6A DNF 5A 5A 5A 2A 5A 2A 5 ^m 20 Intercot 800m 100m Hu 1500m m – Merks 800m eague Pron eashire 477, shford/Invice	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1st dles 7 th dles 7 th em – August 26 th 5 th potion match – Eton 2 nd Harrow 452, 3 rd I eta 356, 7 th Brighton of	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2 - 27 th Augu Bournemouth & Hove 261,	5B 5B 5B 3B 2B 1 ^{6th} Lowse K Motley J Lines J Basling E Aston Interpretable 1433, 4 th M 8 th Aylesb	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 y 15.99 (1 12.14 gton 4.39.3 1.50.1 Cambridgeshire fledway & Maidstone 2 ury 192 R Noray J Godden O Francis	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht) 429, 5 th 11.4 23.3 53.6
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m 400m 1500m Longjump Highjump	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 4A 4A 3A 4A 4A 3A 4A 4A 3A 4A 4A 3A 4A 4A 3A 4A 4A 3A 4A 4A 3A 2A 3A 3A 3A 3A 3A 3A 3A 3A 3A 3	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter T Higton O Webber T Higton J Baslington O Webber R James	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40 49.1 14.0 12.7 26.4 61.3 4.48.0 5.02 1.60	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B 3B 2B 2B 2B 3B 3B 3B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones I Jones M Lawrence N Burch T Higton J McGillivray M Lawrence	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61 12.5 12.4 28.7 4.57.0 1.45 7.75 23.14	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Le 1st Team Cambridg Basildon 399, 6th Ai U20 Men 100m 200m 400m 800m 110m Hdls 400m Hdls	6A DNF 5A 5A 5A 2A 5A 2A 5W 20 Intercot 800m 100m Hu 80m Hu 1500m m – Merks 800m eague Pron eashire 477, shford/Invice	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1st dles 7 th dles 7 th em – August 26 th 5 th notion match – Eton 2 nd Harrow 452, 3 rd I eta 356, 7 th Brighton of	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2 - 27 th Augu Bournemouth & Hove 261, 2.06.3 18.0	5B 5B 5B 3B 2B 2B 16th L Dowse K Motley J Lines J Basling E Aston 1433, 4th M 8th Aylesb	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 y 15.99 (1 12.14 gton 4.39.3 1.50.1 Cambridgeshire Medway & Maidstone a ury 192 R Noray J Godden	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht)
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m 400m 1500m Longjump Highjump Shot Discus	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 2A 2A 2A 2A 2A 3A 3A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter T Higton O Webber O Webber T Higton J Baslington O Webber R James M Lawrence J McGillivray	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40 49.1 14.0 12.7 26.4 61.3 4.48.0 5.02 1.60 10.85 25.38	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B 3B 2B 2B 2B 3B 3B 3B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones I Jones M Lawrence N Burch T Higton J McGillivray M Lawrence	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61 12.5 12.4 28.7 4.57.0 1.45 7.75 23.14	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Le 1st Team Cambridg Basildon 399, 6th Ai U20 Men 100m 200m 400m 800m 110m Hdls 400m Hdls	6A DNF 5A 5A 5A 2A 5A 2B 20 Intercol 800m 100m Hu 80m Hur 1500m m – Merks 800m eshire 477, shford/Invice	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1 st urdles 5 th dles 7 th 14 th em – August 26 th 5 th notion match – Eton 2 nd Harrow 452, 3 rd I eta 356, 7 th Brighton of	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2 - 27 th Augu Bournemouth & Hove 261, 2.06.3 18.0	5B 5B 5B 3B 2B 1 ^{6th} Lowse K Motley J Lines J Basling E Aston Interpretable 1433, 4 th M 8 th Aylesb	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 y 15.99 (1 12.14 gton 4.39.3 1.50.1 Cambridgeshire fledway & Maidstone 2 ury 192 R Noray J Godden O Francis	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht) 429, 5 th 11.4 23.3 53.6
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m 400m 1500m Longjump Highjump Shot	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 2A 2A 2A 2A 2A 3A 3A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter T Higton O Webber T Higton J Baslington O Webber R James M Lawrence J McGillivray A Morter	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 7 9.18 19.21 36.40 49.1 14.0 12.7 26.4 61.3 4.48.0 5.02 1.60 10.85 25.38 27.91	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B 3B 2B 2B 2B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones M Lawrence N Burch T Higton J McGillivray	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61 12.5 12.4 28.7 4.57.0 1.45 7.75	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Le 1st Team Cambridg Basildon 399, 6th A: U20 Men 100m 200m 400m 800m 110m Hdls 400m Hdls 2k S/C	6A DNF 5A 5A 5A 2A 5A 2A 5W 20 Intercot 800m 100m Hu 80m Hu 1500m m – Merks 800m eague Pron eashire 477, shford/Invice	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1st dles 7 th dles 7 th em – August 26 th 5 th notion match – Eton 2 nd Harrow 452, 3 rd I eta 356, 7 th Brighton of	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2 - 27 th Augus Bournemouth & Hove 261,	5B 5B 5B 4B 3B 2B Lowse K Motley J Lines J Basling E Aston 1433, 4 th Aylesb 2B 2B 4B	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 y 15.99 (1 12.14 gton 4.39.3 1.50.1 Cambridgeshire Medway & Maidstone a ury 192 R Noray J Godden O Francis J Huddlestone	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht) 429, 5 th 11.4 23.3 53.6 62.3
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m 400m 1500m Longjump Highjump Shot Discus Javelin	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 2A 2A 2A 2A 3A 2A 2A 3A 3A	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter T Higton O Webber O Webber T Higton J Baslington O Webber R James M Lawrence J McGillivray	11.8 25.5 55.4 2.18.0 4.27.6 20.9 5.71 r 9.18 19.21 36.40 49.1 14.0 12.7 26.4 61.3 4.48.0 5.02 1.60 10.85 25.38 27.91 13.82	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B 3B 2B 2B 2B 3B 3B 3B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones I Jones M Lawrence N Burch T Higton J McGillivray M Lawrence	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61 12.5 12.4 28.7 4.57.0 1.45 7.75 23.14	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Lot 1st Team Cambridg Basildon 399, 6th Ai U20 Men 100m 200m 400m 800m 110m Hdls 400m Hdls 2k S/C Longjump	6A DNF 5A 5A 5A 2A 5A 2B 20 Intercol 800m 100m Hu 80m Hur 1500m m – Merks 800m eshire 477, shford/Invice	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1 st urdles 5 th dles 7 th 14 th em – August 26 th 5 th notion match – Eton 2 nd Harrow 452, 3 rd I eta 356, 7 th Brighton of	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2 - 27 th Augu Bournemouth & Hove 261, 2.06.3 18.0	5B 5B 5B 5B 4B 3B 2B 26th L Dowse K Motley J Lines J Basling E Aston 1433, 4 th M 8 th Aylesb 2B 2B 2B 4B	S Rawe J Kent J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 y 15.99 (1 12.14 gton 4.39.3 Cambridgeshire Medway & Maidstone 4 ury 192 R Noray J Godden O Francis J Huddlestone J Abbott-Gribben	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht) 429, 5 th 11.4 23.3 53.6 62.3 5.78
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m 400m 1500m Longjump Highjump Shot Discus Javelin 4 x 100	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 4A 4A 3A 2A 2A 2A 2A 4A 3A 4A 3A 4A 3A 4A 3A 4A 3A 4A 3A 2A 3A 3A 3A 4A 3A 3A 3A 3A 3A 3A 3A 3A 3A 3	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter T Higton O Webber T Higton J Baslington O Webber R James M Lawrence J McGillivray A Morter	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 7 9.18 19.21 36.40 49.1 14.0 12.7 26.4 61.3 4.48.0 5.02 1.60 10.85 25.38 27.91	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B 3B 2B 2B 2B 3B 3B 3B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones I Jones M Lawrence N Burch T Higton J McGillivray M Lawrence	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61 12.5 12.4 28.7 4.57.0 1.45 7.75 23.14	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Lot 1st Team Cambridg Basildon 399, 6th Au U20 Men 100m 200m 400m 400m 800m 110m Hdls 400m Hdls 2k S/C Longjump Shot	6A DNF 5A 5A 5A 2A 5A 2B 20 Intercol 800m 100m Hu 80m Hur 1500m m – Merks 800m eshire 477, shford/Invice	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1 st urdles 5 th dles 7 th 14 th em – August 26 th 5 th notion match – Eton 2 nd Harrow 452, 3 rd I eta 356, 7 th Brighton of	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2 - 27 th Augu Bournemouth & Hove 261, 2.06.3 18.0	5B 5B 5B 4B 3B 2B 16th Lowse K Motley J Lines J Basling E Aston ist—Team 1433, 4 th M 8 th Aylesb 2B 2B 4B 3B	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) ett 2.13.17 y 15.99 (1 12.14 gton 4.39.3 1.50.1 Cambridgeshire Idedway & Maidstone 4 ury 192 R Noray J Godden O Francis J Huddlestone J Abbott-Gribben S Fisher	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht) 429, 5 th 11.4 23.3 53.6 62.3 5.78 10.82
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m 400m 1500m Longjump Highjump Shot Discus Javelin 4 x 100 Under 13 Boys (=3	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 4A 4A 3A 4A 4A 3A 4A 2A 2A 2A 2A 2A 3A 4A 4A 3A 4A 3A 4A 5A 4A 5A 5A 5A 5A 5A 5A 5A 5A 5A 5	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter T Higton O Webber O Webber T Higton J Baslington O Webber R James M Lawrence J McGillivray A Morter J McGillivray	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40 49.1 14.0 12.7 26.4 61.3 4.48.0 5.02 1.60 10.85 25.38 27.91 13.82 52.2	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B 3B 2B 2B 2B 5B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones I Jones M Lawrence N Burch T Higton J McGillivray M Lawrence J Baslington	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61 12.5 12.4 28.7 4.57.0 1.45 7.75 23.14 19.34	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Le 1st Team Cambridg Basildon 399, 6th A U20 Men 100m 200m 400m 800m 110m Hdls 400m Hdls 2k S/C Longjump Shot Discus	6A DNF 5A 5A 5A 2A 5A 2B 2B 2	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1st ardles 5 th dles 7 th 14 th 14 th 14 th 14 th 14 th 14 th 15 th 15 th 160tion match – Eton 2 nd Harrow 452, 3 rd Ita 356, 7 th Brighton 6	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2 - 27 th Augu Bournemouth & Hove 261, 2.06.3 18.0 7.00.7	5B 5B 5B 4B 3B 2B 16th Lowse K Motley J Lines J Basling E Aston 1st-Team 1433, 4 th M 8 th Aylesb 2B 2B 4B 3B	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) tt 2.13.17 y 15.99 (1 12.14 gton 4.39.3 1.50.1 Cambridgeshire fledway & Maidstone 4 ury 192 R Noray J Godden O Francis J Huddlestone J Abbott-Gribben S Fisher S Fisher	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht) 429, 5 th 11.4 23.3 53.6 62.3 5.78 10.82 31.70
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m 400m 1500m Longjump Highjump Shot Discus Javelin 4 x 100 Under 13 Boys (=3 Hurdles	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 4A 3A 4A 2A 2A 2A 4A 3A 4A 3A 4A 3A 4A 3A 4A 3A 4A 3A 4A 3A 4A 3A 2A 3A 3A 4A 3A 3A 4A 3A 3A 4A 3A 4A 3A 4A 3A 4A 3A 4A 3A 4A 3A 4A 3A 4A 3A 4A 3A 4A 4A 3A 4A 4A 3A 4A 4A 3A 4A 4A 3A 4A 4A 3A 4A 4A 3A 4A 4A 5A 4A 4A 5A 4A 5A 4A 5A 4A 5A 4A 5A 5A 4A 5A 5A 5A 5A 5A 5A 5A 5A 5A 5	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter T Higton O Webber O Webber T Higton J Baslington O Webber R James M Lawrence J McGillivray A Morter J McGillivray	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 7 9.18 19.21 36.40 49.1 14.0 12.7 26.4 61.3 4.48.0 5.02 1.60 10.85 25.38 27.91 13.82 52.2	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B 3B 2B 2B 2B 4B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones M Lawrence N Burch T Higton J McGillivray M Lawrence J Baslington C Savill	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61 12.5 12.4 28.7 4.57.0 1.45 7.75 23.14 19.34	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Le 1st Team Cambridg Basildon 399, 6th A: U20 Men 100m 200m 400m 800m 110m Hdls 400m Hdls 2k S/C Longjump Shot Discus 4 x 100 relay	6A DNF 5A 5A 5A 2A 5A 2B 20 Intercol 800m 100m Hu 80m Hur 1500m m – Merks 800m eshire 477, shford/Invice	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 18 nd 14 th 14 th 14 th 14 th 16 m – August 26 th 16 motion match – Eton 2 nd Harrow 452, 3 rd I 2 nd Harrow 452, 3 rd I 2 nd Harrow 454 harrow 454 harrow 454 harrow 454 harrow 455 harrow 456 harrow 457 harrow 457 harrow 458 ha	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2 - 27 th August 2 Bournemouth & Hove 261, 2.06.3 18.0 7.00.7	5B 5B 5B 4B 3B 2B 16th L Dowse K Motley J Lines J Basling E Aston 1433, 4th Aylesb 2B 2B 4B 3B 4B 2B 2B 2B 4B	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) tt 2.13.17 y 15.99 (1 12.14 gton 4.39.3 1.50.1 Cambridgeshire Iedway & Maidstone 4 ury 192 R Noray J Godden O Francis J Huddlestone J Abbott-Gribben S Fisher S Fisher S Fisher HAC)	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht) 429, 5 th 11.4 23.3 53.6 62.3 5.78 10.82 31.70 44.1
Under 17 men (3 rd 100m 200m 400m 800m 1500m Hurdles Highjump Longjump Triplejump 9.17 Shot Discus Javelin 4 x 100 Under 15 Boys (3 rd Hurdles 100m 200m 400m 1500m Longjump Highjump Shot Discus Javelin 4 x 100 Under 13 Boys (=3	2A 5A 2A 3A 2A 3A 1A 3A 4A 4A 3A 4A 4A 3A 4A 4A 3A 4A 2A 2A 2A 2A 2A 3A 4A 4A 3A 4A 3A 4A 5A 4A 5A 5A 5A 5A 5A 5A 5A 5A 5A 5	J Baxter T Kelk A Howarth W Mycroft A Howarth T Kelk J Baxter 2A L Tucke C Morter W Mycroft C Morter T Higton O Webber O Webber T Higton J Baslington O Webber R James M Lawrence J McGillivray A Morter J McGillivray	11.8 25.5 55.4 2.18.0 4.27.6 20.9 1.35 5.71 r 9.18 19.21 36.40 49.1 14.0 12.7 26.4 61.3 4.48.0 5.02 1.60 10.85 25.38 27.91 13.82 52.2	2B 4B 1B 2B 11.21 2B 3B 2B 1B 1B 3B 2B 2B 2B 5B	J Baxter A Howarth J Jamieson L Tucker 5B W Mycr J Jamieson L Tucker T Kelk I Jones I Jones I Jones M Lawrence N Burch T Higton J McGillivray M Lawrence J Baslington	12.2 63.4 4.45.0 5.25 roft 6.91 17.32 28.61 12.5 12.4 28.7 4.57.0 1.45 7.75 23.14 19.34	800m Longjump Highjump Shot Discus 4 x 100 Watford Open – A 800m Women SEAA Under 15/U Under 20 Women Under 15 Boys GB team in Belgiu Under 20 men National Junior Le 1st Team Cambridg Basildon 399, 6th A U20 Men 100m 200m 400m 800m 110m Hdls 400m Hdls 2k S/C Longjump Shot Discus	6A DNF 5A 5A 5A 2A 5A 2B 2B 2	J Powell M Turner S Rawe J Kent J Powell H Tobin (2 nd clainties match – Eton 1st ardles 5 th dles 7 th 14 th 14 th 14 th 14 th 14 th 14 th 15 th 15 th 160tion match – Eton 2 nd Harrow 452, 3 rd Ita 356, 7 th Brighton 6	31.8 3.54 1.15 5.57 16.43 59.5 im) 2.09.51 on August 2 - 27 th August 2 Bournemouth & Hove 261, 2.06.3 18.0 7.00.7	5B 5B 5B 4B 3B 2B 16th L Dowse K Motley J Lines J Basling E Aston 1433, 4th Aylesb 2B 2B 4B 3B 4B 2B 2B 2B 4B	S Rawe J Kent J Kent E Roberts E Roberts L Dowsett (U17) tt 2.13.17 y 15.99 (1 12.14 gton 4.39.3 1.50.1 Cambridgeshire Iedway & Maidstone 4 ury 192 R Noray J Godden O Francis J Huddlestone J Abbott-Gribben S Fisher S Fisher S Fisher HAC)	3.21.1 2.97 1.05 5.37 12.49 2.10.04 5.13 in ht) 429, 5 th 11.4 23.3 53.6 62.3 5.78 10.82 31.70

Under 20	Women								
100m					2B	K Motley		13.0	
400m			L Dowsett	57.8		•			
800m				1B E Schofield		ld	2.20.0		
1500m		1 A	R Burbridge	5.05.2					
100m Hdls 1A		K Motley	16.1						
Shot			•		1B	A Forster		10.68	
	Discus				1B A Forster			31.54 36.98	
Hammer							A Forster		
4 x 100		3A	Motley, Weaver (PA				er (PAC)	52.2 4.04.7	
4 x 400		1A	Dowsett, Schofield, Oldham (PAC), Smith (AC)						
	Peugot Ga	mes – Pete	erborough – August 2	<u> 28th</u>	5.00				
Sen men	Longjump		J Brennand	5.38	10.24				
	Triplejum	p 2 nd	1 st J Brennand 10.34						
	Discus Shot	2 nd	G Parsons G Parsons	37.16 11.68					
	Hammer	5 th	G Parsons	40.96					
BU15	200m	5 th	J Lines		(in ht)				
B 013	Longjump	2nd	J Lines	5.15	3 (26.0 in ht)				
	Shot	6 th	J McGillivray	8.20					
	Discus	2 nd	J McGillivray	25.05					
BU13	Shot	⊿ th	Joe Lines	7.75					
GU15	Discus	1 st	L Sammout	24.27					
GU13	100m	⊿ th	G Bristow	14.5 (14.3	in Ht)	5ht	M Turner	15.5	
3013	200m	5 th	G Bristow	30.9 (30.2		Siit	Til Turner	15.5	
	1500m	1 st	L Gillie-AndrEws	6.10.5	in maj				
	Longjump	5 th	M Turner	3.45	7 th	L Gillie-A	ndrews	3.21	
Southern	Womens I	eague Div	3 at Sandy on Sept 2	2nd			arare we	5.21	
Match res	ult – 1 st Ric	hmond 10	3, 2 nd C&C 82, 3 rd Bar	net 64, 4 th (Chiltern 40.				
Seniors			.,	,					
100m		2A	S Rogan	14.4					
200m		1A	S Rogan	30.3					
800m		4A	N Richards		3.16.3				
Highjump)	1a	S Rogan	1.00					
Under 15	girls		_						
100m		1 A	E Morris	14.7	2B	Jen Corbe	tt		
	15.4								
200m		2A	L Bass	31.5	1B	E Morris		32.1	
800m		3A	Jen Corbett		2.51.0	2B	L Bass		
	3.02.6								
1500m		1A	R Carter	6.03.0					
75m hurd		1A	L Bass	14.2	1B	I Gallucci		16.9	
Longjump		1A	M Smith	4.57	1B	L Sammout		4.47	
Highjump		2A	Jen Corbett		1.35	1B	I Gallucci		
	1.30	NI/C	M Coulds	1.42					
CI .		N/S	M Smith	1.43	1.0	TT C		7.00	
Shot		1A	L Sammout	8.79	1B	H Sayer		7.82	
Discus		1A	L Sammout	28.09	1B	H Sayer		16.94	
Javelin		1A N/S (3k)	E Morris	13.01 28.79	N/S	L May		24.48	
Hammer 4 x 100			H Sayer		NI/C			62.6	
	torcounties	1A	eeting at Sandy – Se	55.9	N/S	ounties)		62.6	
Senior Mo	en (Cambs 4	1 th)	ecting at Sandy – Sc	pt 314 (7 C	mpeting C	ounties)			
100m	en (Cambs -	6A	J Abbott-Gribben	11.9	5B	J Godden		11.6	
200m		OA	J Abbout-Gribben	11.7	3B	J Godden		23.6	
400m					3B	O Francis		54.5	
800m		4A	D Potts	2.03.6	4B	M Bell		2.06.0	
5000m		1A	W George	15.55.6				2.00.0	
S/C		4A	J Kazer	11.04.2					
Longjum	1	3B	J Abbott-Gribben	5.87					
4 x 10 0		3A	Abbott-Gribben, Goo		S				
45.2									
4 x 400		4A	Potts, Francis, Bell					3.42.8	
Senior lac	lies (Cambs	2^{nd})							
400m					3B	H Arbuck	le	63.1	

800m 1500m	2 A	V Motley		15.0	1B 2B	H Arbuckl E Schofiel		2.24.1 5.02.4	
100m Hdls 3A K Motley 15.9 Under 17 men (Cambs 2 nd with 240 pts – winners 247)									
100m 200m					1B 2B	C Morter L Crabb		12.0 24.2	
1500m	2A	W Mycroft		4.37.4					
3000m 100m Hdls					2B 3B	N Burch D Graver		10.57.2 15.3	
Longjump	4A	S Richards		6.02				13.3	
Triplejump 11.53		4A S	S Whittake	er	12.43	4B	L Tucker		
Polevault	4A	B Abbott-Gr	ribben	2.30	45	a.,		27.02	
Javelin 4 x 100	5A	Crabb Baxt	er Morter		4B	C Morter	(Whoons)	35.93 54.0	
4 x 400	4 x 400 3A Morter (56.0) 4.01.3								
Interterritorial Undo Mens 800m	er 20's mat	<u>tch – Abingd</u> E Aston	lon Sept 3	<u>8rd</u> 1.56.88					
Eastern Young Athle Match result – 1 st Mil		"B" Plate f	inal at W	atford on	September	10th			
Match result – 1 st Mil	ton Keynes	s 468, 2 nd Ste	venage 46	6.5, 3 rd Soi	uthend 459.	.5, 4 th C&C	454.5, 5 th	St Albans	
435.5, 6 th Watford 386 Under 17 men 1 st - 115 points									
100m	2A	L Crabb		11.91	1B	C Morter		11.88	
200m	2A	L Crabb		23.64	1B	C Morter		23.90	
400m	3A	T Kelk		54.69	2B	R Oppong		54.7	
800m	6A	E Lockton		2.28.54	1B	A Howarth		2.14.32	
1500m Hurdles	2A 2A	W Mycroft D Graver		4.32.75 15.28	2B 2B	J Jamieson L Tucker	l	4.44.17 21.51	
Highjump	3A	S Whittaker	a	1.65	2B	R Oppong	-Konadu	1.60	
Longjump	2A	J Baxter	Ч	5.57	2B	S Whittake		5.31	
Triplejump			Whittake		12.10	1B	LTucker	0.01	
11.37					_				
Shot	4A	E Lockton		10.18	5B	J Baxter		7.29	
Discus	5A 2A	E Lockton		19.42	5B 1B	A Howarth T Kelk	1	18.03	
Javelin 4 x 100m	2A 1A	C Morter		32.79 46.55	ID	1 Keik		31.98	
Under 15 Boys	3 rd - 83 po	ints		40.55					
100m	3A	O Webber		12.44	4B	M Lawren	ce	13.66	
200m	4A	O Webber		25.47	1B	I Jones		25.10	
400m	6A	A Dewison			66.58	2B	B Kelk		
61.41									
800m 1500m	3A	J Baslington		4.44.38	2B	N Burch		4.50.50	
Hurdles	5A	B Kelk	l	14.46	2B	I Jones		12.4	
Highjump	2A	I Jones		1.55	2B	B Kelk		1.50	
Longjump	4A	O Webber		4.87	5B	A Morter		3.23	
Shot	1A	M Lawrence		11.45	2B	J McGilliv	rav	8.11	
Discus	3A	M Lawrence		24.87	2B	J McGilliv		23.37	
Javelin	4A	A Mortar		31.10	3B	J Baslingto	on	24.28	
4 x 100	3A			51.29					
Under 13 Boys	$4^{th} - 59 \text{ pc}$								
100m	6A	J Vane		15.29	6B	R Harvey		16.4	
200m	5A	D Ebanks		30.64	2B	S Howarth		29.58	
800m	1A	O Bass		2.28.02	1B	S Howarth		2.38.69	
1500m Hurdles	6A 3A	C Mclaughli C McLaugh		5.49.66 15.43	4B 1B	R Harvey S Howarth		6.32.10 13.40	
Highjump	6A	C Ennis	1111	1.10	4B	J Vane		1.10	
Longjump	3A	D Ebanks		4.16	4B	C Ennis		3.54	
Shot	2A	O Bass		8.15	6B	C McLaug	hlin	4.85	
Discus	5A	C Ennis		12.91	5B	J Vane	,1	4.71	
4 x 100m	4A			59.44		- ,			
Under 17 Ladies 6 th – 50.5 points									
100m	3A	S Rogan		13.86	6B	L Hodge		15.13	
200m	3A	s Rogan		28.37	5B	L Hodge		31.36	
300m	-								

800m	5A	N Richards		3.10.91			
1500m	_						
Hurdles	4A	V Asztalos	13.27				
Highjump	=5A	S Rogan	1.30				
Longjump	2A	V Asztalos	4.59				
Triplejump		_					
Shot	1A	A Forster	10.62				
Discus	1A	A Forster	30.57	3B	V Asztalos		11.25
Javelin	3A	A Forster	16.95	2B	L Hodge		13.95
4 x 100m	4A		55.0		_ 110080		
Under 15 Girls 1 st - 85 points							
100m	6A	Jen Corbett		14.30	1.30 6B C David		on
14.69							
200m	2A	A Hay	28.72	1B	L Bass		28.54
300m	1A	A Hay	45.08	4B	L Bass		49.3
800m	6A	E Currington	2.45.16				
1500m							
Hurdles	2A	L Bass	12.54	2B	C Davidso	n	14.49
Highjump	4A	Jen Corbett		1.45	2B I Gallucc		
1.35							
Longjump	3A	L Sammout	4.69	4B	I Gallucci		3.99
Shot	2A	L Sammout	8.67	1B	B H Sayer		7.52
Discus	2A	L Sammout	24.95	2B	H Sayer		16.76
Javelin	1A	E Woodroffe	25.25	1B	L May		23.29
4 x 100m	3A		55.60		L May 20		
Under 13 Girls 4 th - 62 pts							
100m	3A 1	J Powell	14.41	3B	C Fleming		14.61
200m	2A	J Powell	29.43	1B	C Fleming		29.72
800m	6A	Jas Corbett		2.55.72	5B	J Richards	
3.04.84							
1500m	6A	L Gille-Andrews	5.53.65				
Hurdles	1A	C Asztalos	12.11				
Highjump	3A	S Rawe	1.25	4B	J Kent		1.10
Longjump	2A	C Asztalos	3.87				
Shot	5A	J Richards	6.21	4B	J Kent		5.33
Discus	2A	J Powell	16.23	2B	C Fleming		13.49
4 x 100m	1A		56.20				

Dont forget the AGM, or our special offer to train you as a judge or a coach